

Bicycle Recycling



life chances for young people



slipstream

spring 2020

Bicycle Recycling is a social enterprise (wholly owned by youth charity Motiv8) that exists to provide training and jobs for young people through work experience, traineeships, under 16 and over 16 academies, apprenticeships, volunteers, sessional and salaried jobs.

Delivering Life Chances for Young People

From the outset, the vision of Bicycle Recycling has been to provide Life Chances for Young People in an environment that is engaging, stimulating and where learning makes sense.

In 2020 there are a wide variety of ways that young people can get involved and in this issue of Slipstream we will explore a few of them.

A key success factor for Bicycle Recycling is that what we do makes sense to young people, as well as to adults. So, if it's

learning to fix your own bike at one of our **Bike Maintenance Clubs**, or stripping bikes for spares as part of **Work**

Experience, gaining accredited qualifications at our Bike Maintenance Academy, helping get bikes ready for sale as a **Volunteer** or working full time as an **Apprentice**; each of these tasks has clearly visible benefits.

We now have two fully equipped Training Workshops, one in Gosport and the other in Portsmouth. This has increased our capacity to offer learning to more students, as well as providing the space to prepare bikes for resale close to each of our publicly accessible Cycle Hubs, thereby reducing our carbon footprint through reduced movement of bikes from place to place.



Bike Maintenance Academy

The Academy is split two ways: under 16 and Over 16

Under 16 for those in school, typically in school years 9, 10 or 11. In partnership with the school, we structure the learning to fit with the young person's timetable and tailor it to their learning style. Many young people bring their own bike to sessions to do essential repairs and improvements. This personal benefit can be the initial hook which then leads on to building relationships of trust and respect with the tutors and mechanics.

Over 16 is delivering as full time education for those aged 16 - 19, and up to age 25 if the young person has additional needs. Again making the course relevant and practical is what keeps young people engaged, with many having had poor previous experiences of education. It is satisfying to learn a new skill, such as servicing wheel bearings, then apply it on bikes that are being prepared for resale, and a few weeks later when they've been checked over by a qualified mechanic see the same bike sold.



Cam, aged 18, did not have a particularly positive experience of school and left with few qualifications. Supported by Hampshire Futures, he enrolled on Bicycle Recycling's over 16 Academy, in partnership with Highbury College, in September 2019. Cam's attendance was over 90% and in Spring he completed the Level 2 qualification in Bike Maintenance gaining distinction for a number of his modules.



Bicycle Recycling Gosport at the Bus Station Gosport PO12 1EP 023 9260 1441
Portsmouth Community Cycle Hub at Winston Churchill Avenue Portsmouth PO1 2GF 023 9281 4967
Naval Base Cycle Hub at Neptune Building HM Naval Base Portsmouth PO1 4QT 023 9272 0713

contact@bicyclerecycling.co.uk

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Bike Maintenance Clubs



Having had success delivering Bike Maintenance Clubs to youth clubs, housing associations and partner charities over the past 4 years, since the start of the academic year 2019/20 they have really taken off with schools. For the term before Christmas 2019 we were at Castle View Academy in Paulsgrove, then since the start of 2020 we've been at Springfield School and Portchester Community School and in the Spring starting at Henry Cort School.

The format is a 10 week programme delivered in the school, with a core group of 6-10 students who the school identify have an interest in bikes and practical engagement. For the students it is also a stepping stone to further hands-on type training.

A key success factor is that the school identifies a member of staff to work alongside the Bicycle Recycling Tutor, to both learn the format of the programme and also gain a qualification themselves to be able to continue once Bicycle Recycling has left.

A recent course evaluation showed improved attendance by 85% of the young people, with all attendees reporting increased knowledge in bike maintenance plus improved confidence and team working skills.

Adults get to learn too

Bicycle Recycling offers courses in bike maintenance for adults at all different levels and abilities, from 2 hour Basic Bike Maintenance courses through to 5 day Accredited Courses aimed at professional mechanics. We've been teaming up with University of Portsmouth to offer Basic Bike Maintenance and Follow-on Courses to staff and students, as part of the University's commitment to promoting sustainable travel. The courses have been over-subscribed and look set to continue through 2020.

Course attendee Helen said, 'The course was really good. Charlie explained everything as he went through, and it was pitched at the right level for me. I came away with a lot more confidence to tinker with my bike if something goes wrong, and knowing when not to tinker! Highly recommend.'

If you'd like to attend Adult Bike Maintenance Training or arrange it for your organisation get in touch at contact@bicyclerecycling.co.uk



CPD for mechanics

All the mechanics working in our Cycle Hubs are fully qualified. To support this, each mechanic has an annual Training Plan with a schedule of Continuous Professional Development (CPD).

Recently, our friend, Graeme Freestone-King of Velotech, visited Bicycle Recycling to audit the new Training Workshop in Portsmouth and deliver training to a group of colleagues.

Congratulations to Jordan, Jim, George and Simon who achieved their Velotech Platinum.



We love to work in partnership

Airbus & Red Rubber Ball Foundation

Bicycle Recycling has been sending bikes out to Africa through partner charities for a number of years. We have teamed up with Red Rubber Ball Foundation to not only send bikes to Africa but also train locals in African schools in how to deliver Bike Maintenance Clubs.



This exciting partnership is also teamed with Airbus, where staff in their UK plants including Portsmouth are collecting donated bikes. The bikes are sorted by Bicycle Recycling to ensure that those shipped to Africa will be most suitable for clubs and riders out there, with the remaining donations being used by Bicycle Recycling in the UK.

Evans Cycles

Last year we formed a great partnership with Evans Cycles whereby Bicycle Recycling benefited from receiving the 'trade-in' bikes which allowed Evans customers to get a discount on a new bike. Earlier this year, Evans moved warehouses near to its Head Office in Crawley, and as part of a big clear out had samples and ex-stock parts which it offered to Bicycle Recycling on the proviso that they were collected within 24 hours. Fortunately the call came in half term and with fantastic support from a Bicycle Recycling volunteer, a number of boxes of parts were collected which in turn keep young people on work experience busy as they sort them.



Spirit in Sport

Spirit in Sport (SiS) is a Portsmouth based charity offering a range of community activities utilising sport to engage with children and young people. They offer internships for young adults, and Bicycle Recycling has recently benefited from having an SiS intern doing work experience with us.



John Pound Centre

Born in Portsmouth in 1766, John Pound was a teacher and altruist, credited with creating the concept of Ragged schools: providing education to those that might otherwise have missed out. Today, his legacy lives on with a centre named after him in Portsea, Portsmouth, providing a wide range of community and health activities.

Bicycle Recycling, and parent charity Motiv8, have been long term friends and partners with the John Pound Centre and are proud to maintain the centres fleet of Spin Bikes. The photo shows one of Bicycle Recycling's apprentices hard at work undertaking preventative maintenance as part of an annual service contract.



Thank You



We receive donations in all shapes and sizes and are truly appreciative of all of them. Where possible, donations are dropped off at one of our cycle hubs, but if this is not possible we might be able to collect, as demonstrated by our colleague Loree. We do also use the van, so please call us if you wish to donate a bike or bike parts.

Bike of the Month



Raleigh Superb
Rod braked classic gents bike in fantastic condition.
Available from Bicycle Recycling Gosport, please call 023 9260 1441 for more details.

Volunteers

Volunteers are the life-blood of many organisations, and Bicycle Recycling is no exception. We have an amazing team of volunteers in both Gosport and Portsmouth who give of their time to help us get bikes ready for resale.



We also have some very talented volunteers who over the years have provided a 'bike parts Christmas tree', 'blue-roll dispenser' and Ric's latest invention 'spoke sorter'. Each of these items makes our lives that little bit richer and puts a smile on our faces.



Thank you to all our volunteers past, present and future. If you'd like to volunteer please get in touch: contact@bicyclerecycling.co.uk



Bicycle Recycling Opening Times

servicing, repairs, bike hire & reconditioned bikes
Gosport: 023 9260 1441
8.30am - 5pm Tue to Fri, 9am - 3pm Sat
Portsmouth Community Cycle Hub: 023 9281 4967
8.30am - 5pm Mon to Fri, 9am - 3pm Sat (closed Mondays Oct to Mar)
HM Naval Base: 023 9272 0713
8am - 4pm Mon to Thu (closed Mondays Oct to Mar)



Bicycle Recycling South Ltd (company reg. 08848765) is a social enterprise wholly owned by youth charity Motiv8 South Ltd (charity no. 1069085, company limited by guarantee no. 3512607) registered office
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