



A young person proudly holding some biscuits that she baked

Welcome to Communic8!

Clare Ansell, CEO

Young people and families are overcoming challenges that are greater than any of us have experienced before.

In this edition of Communic8, we are highlighting the importance of young people being able to engage in youth work in their local communities. We are celebrating the changes they are making towards gaining a positive future.

We hope you enjoy this edition of Communic8.

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Insights into how we've been working hard to keep supporting young people in their community



Like, follow, and share our new Facebook pages!

We have moved...

To make it a little easier for you to look at the information from your closest Motiv8 team, each team now has their own Facebook page for you to like and follow!

Motiv8 south - Portsmouth Team

Motiv8 South - Gosport and Fareham Team

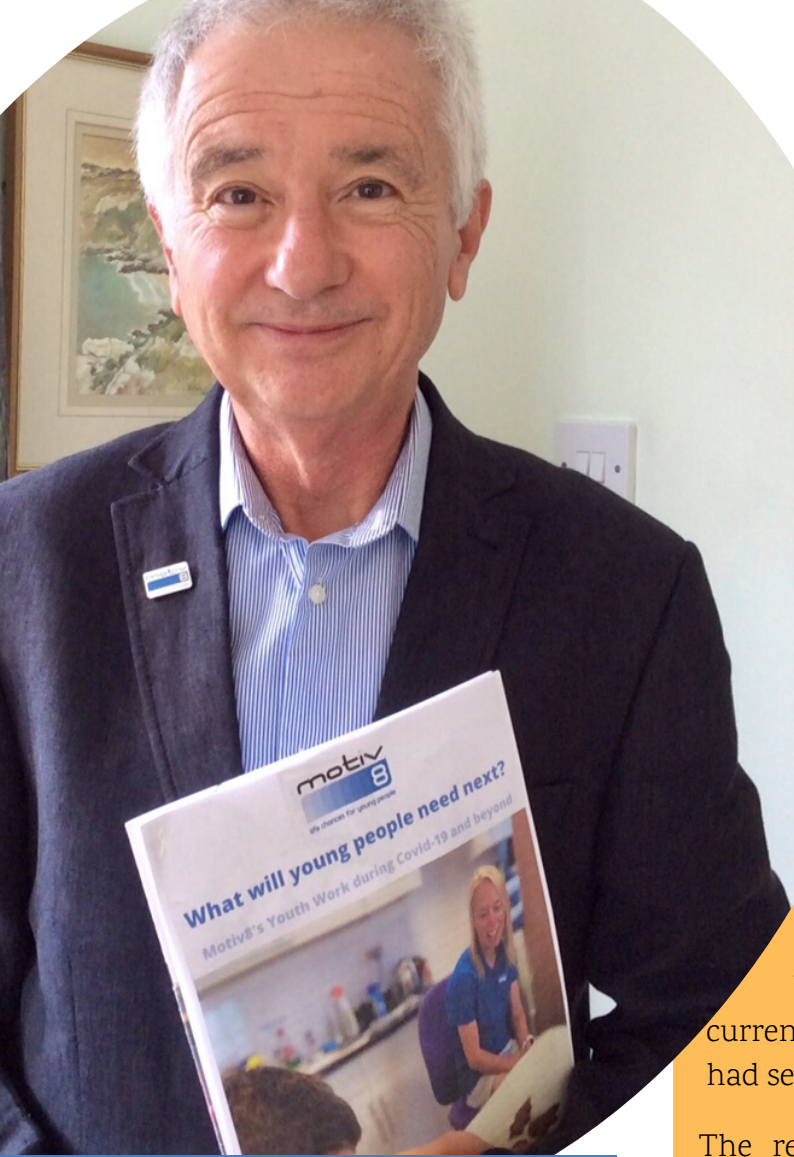
Motiv8 South - Havant Team

Motiv8 South - Bicycle Recycling Training and Development

@m8portsmouth
@m8gosportfareham

@m8havant
@m8bikes

@Motiv8south



Addressing Needs

Lockdown has been a challenging period for young people and their families in so many different ways. We've been working hard to address the needs of young people during and beyond this period.



What Will Young People Need Next?

Understanding the challenges that young people are currently facing, the Motiv8 board wanted to capture what we had seen and what needed to be done in a report.

The report entitled: 'What will young people need next? Motiv8's Youth Work during Covid-19 and beyond' is the result of this. The report dives into the youth work we carried out in Spring and Summer of 2020 to meet our young people's changing needs.

Clare Ansell, CEO, emphasised that the report was not simply a focus on the 'here and now' but a reflection on addressing the long term needs of young people.

The full report can be found on the Newsletter Section of our Website.

Trustee Tim Caley holding a copy of the Trustees Report

Summer Passport Survey



Over the summer we asked young people on the Gosport Summer Passport programme about their online involvement with Motiv8.

We found that nearly 40% of young people asked would **have difficulty accessing online sessions** and 65% of those asked would **prefer to meet up with their friends in person**.

We listened, and over the past few months **we have tripled** our face-to-face provision.



One-to-One Support

A session of pool for a one-to-one session



83% of young people being supported from June to September felt their emotional health and well-being had improved

Returning to education and figuring out careers is always a daunting prospect, but one that has been even more challenging this year. One-to-one support has been really important in helping some of our young people feel ready, knowing there is support behind them when they need it. Sam, aged 14 (not his real name) is one positive example of this.

Sam struggles with his emotional well-being and suffers from anxiety. He has struggled to attend school and missed significant periods of time. Sam is now accessing Motiv8's one-to-one support and is being supported by Lucy, a Motiv8 Support Worker. Lucy has been able to support Sam emotionally and address concerns, worries and fears, and together they have been going to the Bike Maintenance hub, a group where young people can come together to learn about something they are passionate about. He has increased his confidence and is enjoying being around other people and learning new skills.

'Sam really just needs the opportunity of a different way of learning. He has a lot of potential and with the right support will achieve his goals.' - Lucy

Facing their Fears:

'I have been working with a young man aged 13 for nearly a year. This young person has difficulty attending school, making friends, has low self-esteem and suffered trauma during his early years. I am the only professional he engages with regularly and because of that I have been able to encourage him to overcome his fears of attending school. He told me he loves our sessions and we have faced a lot of his fears over time. He particularly likes the beach and we often go there as one of his 'happy' places and write positive words in the sand.' - Charlotte, Motiv8 Support Worker



Targeted Group Work

Safe spaces are more important now than ever before. Each of our teams have been working incredibly hard to make sure that we are able to provide warm and welcoming hubs where young people can discuss worries and concerns with a trusted support worker.



Halloween Party Fun at Gosport

Cool cookies in Havant

Emotional Wellbeing in Havant

The emotional wellbeing of young people has taken a big hit as a result of lockdown, with the challenges only continuing to grow. The team in Havant have been running a support session for a small group of young people where they can talk about how they are doing and their emotional wellbeing all whilst doing activities from cookie making through to stress balls in a space where they feel safe.

The Bike Hub



Running as a drop in session, the bike hub in Hilsea proved a highly popular safe space for young people during the Autumn. Using the bikes as a backdrop we've been able to have some really positive discussions with young people.



BOO!



A Spook-tacular Halloween!

During October half term, our Gosport team hosted a Covid-safe Halloween party, for young people aged 7-11. With very limited opportunities for young people over half term, we made it a priority to give young people in the area an opportunity to safely socialise whilst away from school. This event was also a fun way to engage a younger age bracket, along with many young people not yet known to Motiv8, and involved arts and crafts, spook-tacular games, dancing and lots of yummy food that was generously donated by Asda in Gosport.

The event was such a huge success we're planning to run a Christmas party too!



Havant team out on detached with Janine Milburn from Don't Go with the Flo



Community and Enterprise

Youth work on the street in the community is a vital part of our work. It enables us to reach and engage young people who are unlikely to be attending any other support and who are often not engaging in education. Through street based or detached youth work we can make contact, begin to build meaningful and supportive relationships, and connect them to opportunities for further support from Motiv8 and our partners. We have reached over 180 young people on the street in October.

From June to October 2020

69 detached sessions have been delivered

778 young people have been reached

We nearly **doubled** our detached provision from

15

sessions in September to

27

sessions in October across our locations



Here's to all of the amazing supporters that have helped us out since June!

Fundraising

Thank you for supporting us

Detached Session



- Children in Need COVID-19 Funding
- National Lottery COVID-19 Funding
- Fareham Co-op Family Wellbeing Funding
- Safer Neighbourhoods funding from Southern Co-op
- Persimmon Homes
- Wave 105 Cash for Kids
- ASDA Gosport Halloween Party Support
- ASDA Portsmouth Cooking Project Support
- Clothworkers Foundation
- Students and Teacher's of Purbrook Park Academy
- Focal Point Training (www.focalpointtraining.com)

What they've funded!

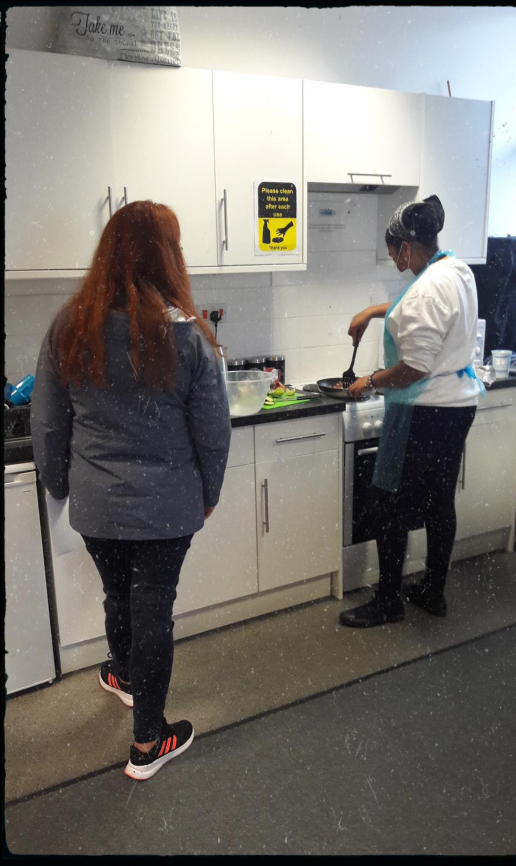
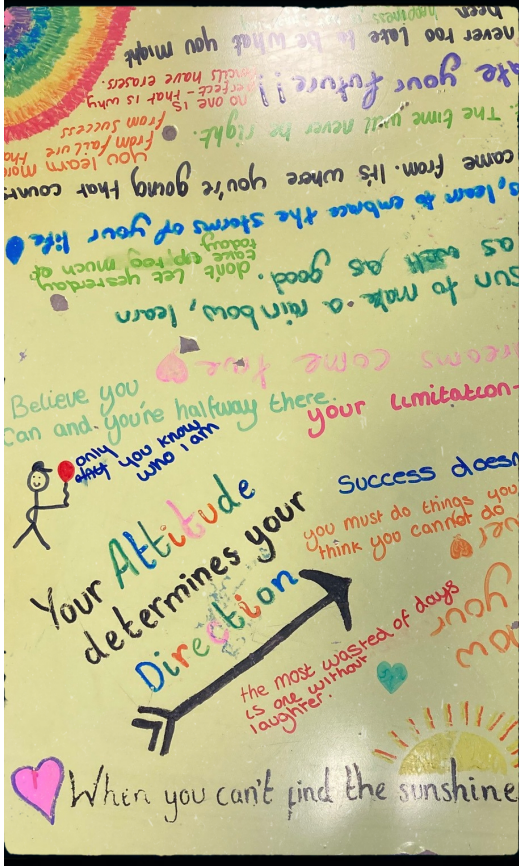
- 17 hours of additional detached youth work sessions each week in Havant and Gosport. In the last 4 weeks they have supported over 180 young people.
- 18 young people accessing support through bicycle recycling, education and training in Portsmouth
- A full time one-to-one mentoring support worker for a year
- 50 young people and families supported with additional IT equipment and internet access
- In partnership with Mind East Hants we have increased detached sessions in Havant and surrounds
- 2 Halloween parties for young people in Gosport
- Cook at home support sessions that have provided over 480 hot meals for young people and their families and improved emotional health and well-being.



One-to-One - Visiting the Swans

Gallery

Some of the other amazing things young people have made and been up to





YOUNG PEOPLE'S
CREATIVE ONLINE
FESTIVAL



FESTIV



Head over to our website for
more information and the link to
sign up for the festival!

