

MOTIV8 IS A VIBRANT YOUTH CHARITY WORKING ACROSS PORTSMOUTH, HAVANT, GOSPORT AND FAREHAM, SUPPORTING YOUNG PEOPLE AGED 9-19 AND THEIR FAMILIES.



Our vision is to create safer communities where young people feel inspired and empowered to reach their potential. Our mission is to support young people and their families in the community, with a focus on building trusting relationships to help equip them with the skills, resilience and opportunities to thrive.



CONTENTS

Foreword: Youth empowerment and positive change	2
Portsmouth: Youth Voice and Action	3
Havant:	4
Gosport and Fareham:	5
Important updates from our CEO	6
Fundraising and ways to get involved	7
Gallery	8

SCAN TO DONATE



"Life was really stressful, weekly support from Motiv8 boosted my confidence and helped me to be the person I am now."

"I do not know where I would be without Motiv8"



SAVE THE DATE



Motiv8 Golf Day
 Wednesday 15th May 2024
**At Boundary Lakes
 The Ageas Bowl**

For more information:
fundraising@motiv8south.org.uk

FOREWORD: YOUTH EMPOWERMENT AND CHAMPIONING CHANGE

“

It's important for the youth to advocate for themselves because they are the future, they are the people who are going to keep the world running, and that's not far from where we are today.

”

- Prince Jimmar, Co-founder of Rebels for Peace

COURAGE, COMMUNICATION AND CHANGE

2023 was a fantastic and busy year here at MOTIV8. We delivered more hours of support than ever before to young people across Gosport, Havant and Portsmouth and were able to run life-changing projects to empower young people, improve mental health, wellbeing and confidence.



OUR 2024 FOCUS: YOUTH EMPOWERMENT

This year, our focus is on youth empowerment: we will continue to encourage young people to achieve their goals. We have lots of exciting opportunities and projects in all of our hubs which will offer opportunities, harness autonomy, and give young people chances to use their voices to make the changes they want to see in their communities.

PORTSMOUTH: YOUTH VOICE AND ACTION



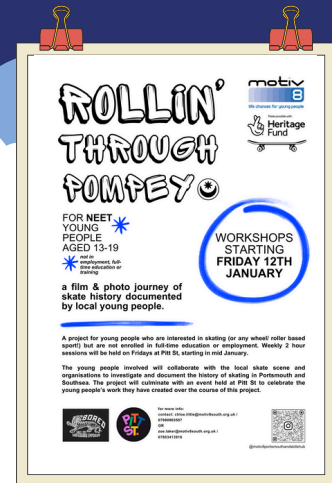
YOUTH VOICE AND INFLUENCE: MOTIV8, CO-OP, BARNADOS



In partnership with Barnardo's and The Co-op, MOTIV8 are taking part in a piece of work which empowers young people and gives them the chance to have their say on the things they need within their communities.

The project asks young people what they think the barriers are to achieving and thriving within their communities, giving them a way to voice and then directly influence actions to address these issues.

Their thoughts will be fed back and actions will be taken in a collaborative piece of work to make improvements based on the young people's concerns. This is a fantastic opportunity for our young people to make direct and positive changes for themselves and their communities; offering a platform to explore communication, advocacy and empowerment.



ROLLIN' THROUGH POMPEY

An exciting 6 month project that has been funded by the National Lottery Heritage fund, Rollin' Through Pompey will take our young people on an exciting journey through the history of skating in the local area.

The project is aimed at those who aren't enrolled in full time education or employment, and delivered in weekly sessions. The young people will work together through film, photography and creative writing to document the skating history of Portsmouth,

They will have the opportunity to collaborate with the local skate scene and local film organisations, Their work will be showcased during a special celebratory event in June. It is such an exciting opportunity and our young people are excited to get started!



INVITATION: MAKING WAVES FILM FESTIVAL

Young people at our Fratton Hub are excited to bring our second event cinema to life in February. In collaboration with the University of Portsmouth's Making Waves Film Festival, MOTIV8 are showing 'Hunt for the Wilderpeople' at Treadgolds. The young people are planning the screening to be an exciting camping experience, with toasted marshmallows, fairy lights and tepees!



HAVANT: LIFE CHANGING SUPPORT

CHILDREN IN NEED: VITAL MENTORING PROVISION

We are so pleased that our Havant team have been awarded renewed funding through Children in Need, which will go towards providing much-needed one-to-one mentoring support. There has been a large influx of demand for this service, with young people experiencing complex difficulties and needing additional support.



© BBC 2007 Reg. charity England & Wales no. 802052 and Scotland no. SC039557

COLLABORATION IN THE COMMUNITY

Alongside this funding, pupils at Havant Academy who have been learning about social action recently nominated MOTIV8 to receive a grant of £1000 from a charity, First Give, to help towards emotional health and wellbeing. Students recognised our work and impact amongst their peers and chose us to receive the award. This shows how firmly our work is embedded in communities and schools, and the money raised will help young people access mentoring and support from our trained youth workers.



CHOICES AND EARLY INTERVENTION

In partnership with local police, MOTIV8 are running an early intervention crime reduction programme in schools as well as our hubs. Working together, the police and MOTIV8 will visit three local schools, where young people have been identified as most at risk from exploitation and criminal involvement. The programme will raise awareness on making better choices and how to ask for help

POMPEY IN THE COMMUNITY

Funded by Havant Borough Council, Pompey in the Community are running a weekly open-access football project with our young people in Havant. It's a great chance to get active, and develop skills, and we are using it as an opportunity to offer one to one support at the same time - we will always have a youth worker on hand to offer confidential support.





MAKING BETTER CHOICES, COMMUNITY COLLABORATION AND COOKING

COOKING COURSE

After receiving funding from the Hampshire and Isle of Wight 'Connect 4 Communities' programme, The Gosport team are running bookable cooking courses to provide hot food and vital life skills for young people. The programme is funded via government grants and aims to help those most in need. Young people will have the chance to create hot meals, such as spaghetti bolognese, fajitas, curry and stir fries. The programme will incorporate skills such as budgeting awareness and nutritional information, as well as food health and safety practice.



GOSPORT CHOICES

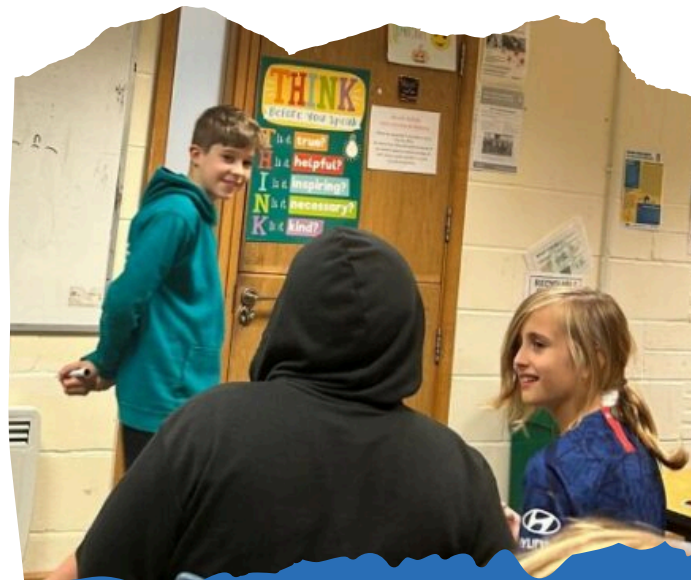
Gosport Choices is a collaborative project with the police for young people who have been involved in, or at risk of offending or becoming involved in violence. We will be working alongside the police, as well as, 'Willow', 'Don't go with the Flo', 'Mindful Movement' and 'My Bnk' to challenge beliefs, reduce antisocial behaviour and raise young people's aspirations.

COMMUNITY CONNECTIONS

MOTIV8 are looking forward to meeting with the wonderful Portchester Women's Institute who are currently fundraising for the Gosport and Fareham hubs, and they will be visiting in February to meet with young people

The Gosport team are also supporting two Community parties in March which will be a fantastic opportunity to connect with the community and share news about the exciting projects going on.

A similar programme, 'Right Choices' will run in the Fareham area, with a more individualised approach, working on a 1-1 basis to help the most vulnerable young people.



IMPORTANT NEWS FROM OUR CEO



After sixteen wonderful years with MOTIV8, Clare Ansell will be stepping down as CEO. She moves on in March to pursue a new opportunity with the Department of Work and Pensions (DWP) as their Health and Work Group Director for the South West region. Clare has truly put her heart and soul into MOTIV8 with dynamic and compassionate leadership and we wish her every success

“

Motiv8 is a wonderful organisation that I truly believe makes a difference to young people and family's lives. When I joined 16 years ago, I had no idea that I would one day lead this incredible charity and stay for so long, however when you believe in the cause, the people are exceptional and there is such a positive culture, it is very hard to go.

I am so proud to have helped play a role in nurturing and growing Motiv8 and as I step away, I feel confident in our strong Board, our positive partnerships and our outstanding team who will continue to bring fresh and innovative ideas. I can continue the next part of my journey excited by the great things Motiv8 will do next. Thank you.”

”

A BIG WELCOME TO OUR NEW FUNDRAISING LEAD, JOE McDOWELL

'I AM ABSOLUTELY DELIGHTED TO HAE JOINED MOTIV8'

Working with young people to help them realise their potential has been a prominent feature in my career. I have been very lucky to have had inspirational role models at a few points in my life that have believed in me even when I wasn't too sure of myself. Relationships built on trust are what make the difference so to play a small part in helping forge them here is humbling.

Motiv8 has a fantastic reputation and having met many inspiring young people already and those who support them I can absolutely see that it is justified.

Our team have big plans – simplifying our message to make it more impactful, reinvigorating our online presence, and increasing the unrestricted funding that offers the solid foundations and flexibility needed to support young people and their families.



There is lot to come so watch this space!



THANK YOU FOR SUPPORTING MOTIV8

THANK YOU!

We are so grateful for the kindness and generosity that enables the extensive support we provide. We've seen some fantastic fundraising efforts recently - from birthday parties, Community Light Shows, to sports events, Christmas fayres, and The Big Give.

Each donation gives our young people opportunities that can help shape their lives for the better.



HOW YOU CAN HELP IN 2024



BIRTHDAY GIFTING

Instead of presents, why not give the gift of opportunity. Just £20 offers a young person the chance to visit cultural attractions or take part in well-being activities.



PLAY THE COMMUNITY LOTTERY

Buy a ticket for one of the community lotteries in Portsmouth, Havant, or Gosport knowing that 60% of your ticket cost goes to support Motiv8 as your chosen charity!



SET UP A CROWDFUNDER or Personal Challenge

Set up a crowdfunder or support page for an exciting individual challenge. Run, Walk, Skydive your way to supporting Motiv8 and our community provision!



MAKE MOTIV8 YOUR CHARITY OF THE YEAR

If you are a member of a company or community organisation, why not engage Motiv8 as a corporate partner and work together to raise funds and change lives.



WEEKLY VOLUNTEERING

Come along to one of our youth hubs or drop-in sessions, you can take part in fun activities with our young people and support the team with cooking, arts and crafts or games.

£5000

A BOOK VENDING MACHINE, BOOKS, AND TOKENS FOR ONE OF OUR YOUTH CLUBS. PROVIDING HUNDREDS OF OPPORTUNITIES FOR READING AND CREATIVE DEVELOPMENT

£800

FUNDS A 6-WEEK COURSE SHARING ESSENTIAL COOKING SKILLS WITH OLDER YOUNG PEOPLE DEVELOPING THEIR INDEPENDENCE

£200

5 SETS OF NOISE CANCELLING HEADPHONES FOR OUR YOUNG PEOPLE WITH NEURODIVERSITY NEEDS

£100

TWO 1-2-1 MENTORING SESSIONS FOR A VULNERABLE YOUNG PERSON EXPERIENCING A MENTAL HEALTH CRISIS

£40

A PAIR OF SCHOOL SHOES AND TROUSERS TO START THE NEW TERM.

£8

1 HOT, NUTRITIOUS MEAL IN ONE OF OUR WARM, SAFE YOUTH HUBS.



It costs over £28,500 a year to run each of our youth hubs, a continually rising figure, due to the 48% increase in support requests, and a 27% rise in safeguarding concerns. Alongside this, the increasing Cost of Living crisis is having a huge impact on our services.

We are determined to keep giving young people chances, no matter what, to build a positive future and believe in their abilities.

Please get in touch with our fundraising team to get involved and help our young people thrive in 2024!

GALLERY



'I have been able to talk through different problems and I feel happier, because talking makes things better.'



"Motiv8 has helped me to be me!"



'Motiv8 gave my child a safe space to be able to talk and not be judged.'



"The help and support has been amazing and watching our son find himself again has been beautiful. We are so grateful."