

**MOTIV8 IS A VIBRANT YOUTH CHARITY WORKING ACROSS PORTSMOUTH, HAVANT, GOSPORT AND FAREHAM, SUPPORTING YOUNG PEOPLE AGED 9-19 AND THEIR FAMILIES.**

**Our vision is to create safer communities where young people feel inspired and empowered to reach their potential. Our mission is to support young people and their families in the community, with a focus on building trusting relationships to help equip them with the skills, resilience and opportunities to thrive.**



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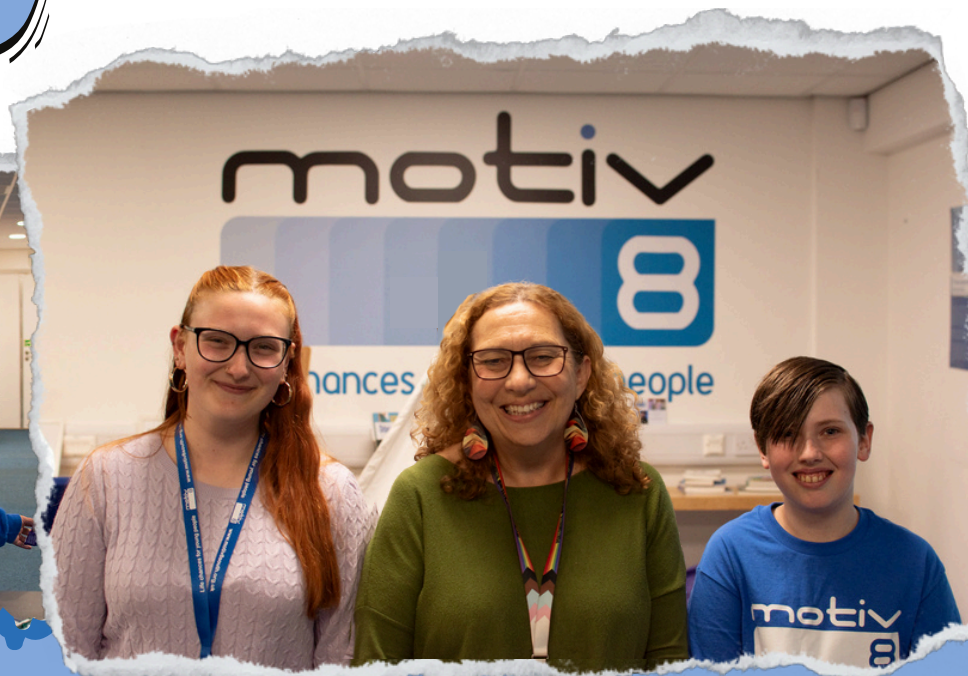
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### SCAN TO DONATE



"Life was really stressful, weekly support from Motiv8 boosted my confidence and helped me to be the person I am now."

"I do not know where I would be without Motiv8"





# FOREWORD: A SUMMER OF FUN AND OPPORTUNITY

A MESSAGE FROM OUR CEO

“

What does support like yours help achieve for young people? The answer is vast but at its heart it means that we can provide the right support, at the right time, that's right for each young person.

This means reaching young people and families earlier to prevent problems from escalating. It means remaining focused locally and being a permanent presence in our communities, acting as the glue that binds services and people together.

Thanks to support like yours it means our fantastic teams of support workers can build trusted relationships, help young people who are often unable to access other services to feel a sense of belonging, and provide safe spaces to engage where all are welcome.

Through this approach, together, we bring about lasting change.

Thank you!  
- Kirsty Robertson, Interim CEO

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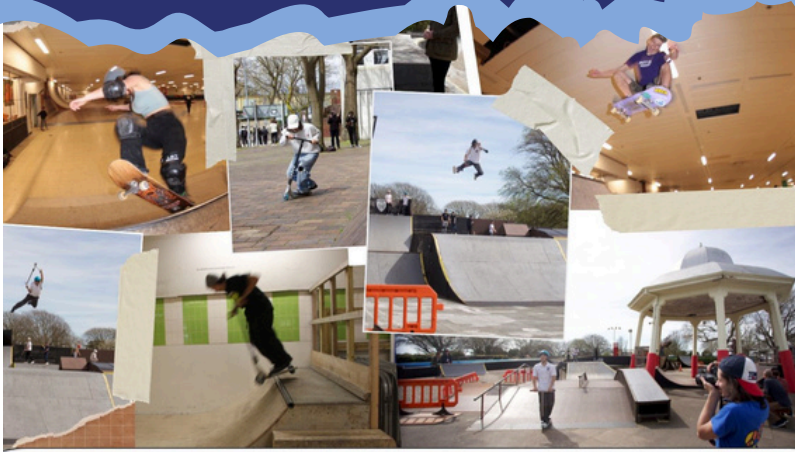
## OUR 2024 FOCUS: YOUTH EMPOWERMENT

This year, our focus is on youth empowerment: we will continue to encourage young people to achieve their goals. We have lots of exciting opportunities and projects in all of our hubs which offer opportunities, harness autonomy, and give young people chances to use their voices to make the changes they want to see in their communities.





# PORTSMOUTH: IT'S SHOWTIME!



## ROLLIN' THROUGH POMPEY

### FINAL EVENT & SHOWCASE!

Come celebrate the young people's amazing achievements at our final event. Watch their film on Portsmouth's skateboarding history including interviews with local skaters, artists and local business owners, browse their zine of interviews and photography, enjoy food, live music, and have a skate!

 Pitt St Skatepark  
 Monday 15th July  
5 - 8PM

more info:  [chloe.little@motiv8south.org.uk](mailto:chloe.little@motiv8south.org.uk) / [zoe.laker@motiv8south.org.uk](mailto:zoe.laker@motiv8south.org.uk)  
 or call Zoe: 07803413916



## YOUTH VOICE & INFLUENCE

### showcase

In partnership with Barnardo's, and generously supported by CO-OP, over 12 weeks we worked with 113 young people to understand the barriers they face accessing support and services.

Focused on young people shaping change in their own words, Motiv8 Youth Advisors then led a cross city project to design services that would improve life chances and social mobility. They indicated that the top three services they wanted to see were Wellbeing Drop ins, Youth Mentoring outside of Schools and 'Healthy Living, Cooking Hubs'. These needs and the action plan were then showcased at a special evening in Portsmouth hosted by Motiv8

## WE SHALL TIDY THEM ON THE BEACHES, AND ON THE COMMON...



In June Motiv8 brought together an amazing group of more than 50 young people and volunteers to help prepare our city for the #DDay80 celebrations. Very passionate about the place they live and after reflecting on how we keep this important legacy alive, Motiv8 Youth Adviser Mackenzie led this effort allowing young people to play their part, conscious of the sacrifice of so many for us all.

Linking up with groups from across the city, delivered with kind support from recruiter STR Group, ASDA, and Tesco, and coordinated with Southsea Beach Watch and Final Straw Foundation this team of young people, staff, and volunteers removed more than 88kg's a litter between Hotwalls in Old Portsmouth and Clarence Pier.



# HAVANT: THE BIGGER THE SPACE, THE MORE WE CAN WELCOME

We are so pleased that our Havant team have been awarded renewed funding through Children in Need, which will go towards providing much-needed one-to-one mentoring support. There has been a large influx of demand for this service, with young people experiencing complex difficulties and needing additional support.

## A HOME FOR HAVANT!

In a transformational move for our Havant team, we have taken over stewardship of the whole of 'The Hub' on Leigh Park High Street. In a major move for an area that has been identified by Local Trust as one of six 'left behind' places in the south east of England we have taken on a long-term term 10 year lease.

Located in the centre of the town, this gives us access to dedicated 1:2:1 spaces, two delivery areas, staff space (previously we had 10 people sharing a room for 2 - see the picture to the left!) and an exciting urban outdoor space. There will be more to come soon as we transform this space but for now, we are celebrating the potential of this move!



## HAVANT WELCOMES CHILDREN IN NEED CEO

Bringing together families and young people, our support workers and Trustee's, Motiv8 were delighted to welcome BBC Children in Need CEO to our new hub in Havant, shining a light on excellent youth work and the impact it can have for communities.

As well as meeting those with lived experience and those that work tirelessly to support them Simon took a walk around the Leigh Park Community, took part in an animated conversation on the power and importance of Youth Work, and enjoyed lunch with young people, parents, and the Havant team. It was a great opportunity to share our positive stories and recent challenges.

Thank you Simon and Pam for spending the day with us, talking through how we can all better celebrate empowering youth work.

Reflecting on the day Simon shared that it was "Wonderful to be with such an inspiring group of youth workers and young people."

## COMMUNITY PARTNERSHIP VAN

Keep an eye out for our new community van in the Havant area. From here we can offer food, signposting to other services, and have a range of game and fun sessions we can run in the community!



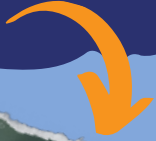


# GOSPORT AND FAREHAM: YOUTH VOICE SAYS IT ALL & SUMMER FUN ON THE HORIZON

MOTIV8GOSPORTFAREHAM



## HAF



### YOUTH VOICE & INFLUENCE: WHAT MOTIV8 MEANS TO ME?

"It helped with my mental health."

"It's a good place that you make good friends."

"I told her just to come along and she would be accepted for her."

"Motiv8 has helped me with my bravery."

"I met with my support worker who made me feel safe enough to be myself."

"I can't wait to continue my journey with Motiv8."

"I was very nervous about it at first but overtime I found it really useful."

"The support workers made me feel welcome."

### SUMMER PASSPORT





# A SENSATIONAL SPRING



“ — Since taking on our new base in Portsmouth we have been committed to transforming what was once a conventional business unit into a dedicated multi youth community facility. We now have a dedicated young person kitchen (to provide warm meals and cookery skills for young people without access to this anywhere else), private, confidential 1-2-1 mentoring spaces as well as sound proof sensory, group work, and counselling rooms (to provide a safe space to support their emotional well-being and mental health) as well as activity space — ”

## GOLF DAY SUCCESS

Thank you to everyone who joined us for our annual Motiv8 Golf Day on 15th May – what an amazing day we had!

72 golfers (the most we have ever had at one of our golf days) joined us in the wonderful setting of Boundary Lakes Golf Course for a bacon roll breakfast, a tasty two course lunch, plenty of chances to connect, and a day of golf in the sun! 'Aztec 2' came out on top with Broadsword Group following closely behind.

**Together we raised more than £6200!**

**This was our highest total yet and enough to provide hot meals and cooking sessions for a YEAR at TWO of our youth hubs!**

What better way could there be to spend a day supporting work to empower amazing young people! We are so grateful for everyone's support and for 'taking a swing' at Motiv8. Everything raised will go directly to supporting local young people, and their families, across Portsmouth, Gosport, Fareham, and Havant.

A huge thank you to Mountjoy, Install Projects and Sovereign Plus Ltd for sponsoring holes and to Carpenter Box and course pro Emma Allen for supporting the day

Want to join us at for an 'un-fore-gettable' day at Boundary Lakes next year? Get in touch and 'Save the Date' for 14th May 2025, we have some 'tee-rific' offers for teams and sponsorship available when you register early with the code M8GOLF25!







# THANK YOU FOR SUPPORTING MOTIV8

## THANK YOU!

We are so grateful for the kindness and generosity that enables the extensive support we provide. We've seen some fantastic fundraising efforts recently - from birthday parties, Community Light Shows, to sports events, Christmas fayres, and The Big Give.

Each donation gives our young people opportunities that can help shape their lives for the better.



## HOW YOU CAN HELP IN 2024



### BIRTHDAY GIFTING

Instead of presents, why not give the gift of opportunity. Just £20 offers a young person the chance to visit cultural attractions or to take part in well being activities.



### PLAY THE COMMUNITY LOTTERY

Buy a ticket for one of the community lotteries in Portsmouth, Havant, or Gosport knowing that 60% of your ticket cost goes to support Motiv8 as your chosen charity!



### COMPLETE THE GREAT SOUTH RUN

Many people complete exciting individual challenges to support Motiv8. Whether you Run, Walk or compete as a team we will be out in force, in October, for GSR 2024. Join us!



### MAKE MOTIV8 YOUR CHARITY OF THE YEAR

If you are a member of a company or community organisation, why not engage Motiv8 as a corporate partner and work together to raise funds and change lives.



### WEEKLY VOLUNTEERING

Come along to one of our youth hubs or drop in sessions. You can take part in fun activities with our young people and support the team with cooking, arts and crafts or games.



**WOULD PAY FOR THE DEVELOPMENT OF A SENSORY GARDEN OFFERING A HARMONIOUS, NATURE LED SAFE SPACE TO BOOST EMOTIONAL HEALTH AND WELLBEING.**

**FUNDS A 6-WEEK COURSE SHARING ESSENTIAL COOKING SKILLS WITH OLDER YOUNG PEOPLE DEVELOPING THEIR INDEPENDENCE**

**5 SETS OF NOISE CANCELLING HEADPHONES FOR OUR YOUNG PEOPLE WITH NEURODIVERSITY NEEDS**

**TWO 1-2-1 MENTORING SESSIONS FOR A VULNERABLE YOUNG PERSON EXPERIENCING A MENTAL HEALTH CRISIS**

**A PAIR OF SCHOOL SHOES AND TROUSERS TO START THE NEW TERM.**

**1 HOT, NUTRITIOUS MEAL IN ONE OF OUR WARM, SAFE YOUTH HUBS.**



It costs over £32,000 a year to run each of our youth hubs, a continually rising figure, due to the 48% increase in support requests, and a 27% rise in safeguarding concerns. Alongside this, the increasing Cost of Living crisis is having a huge impact on our services.

We are determined to keep giving young people chances, no matter what, to build a positive future and believe in their abilities.

Please get in touch with our fundraising team to get involved and help our young people thrive in 2024!



# GALLERY



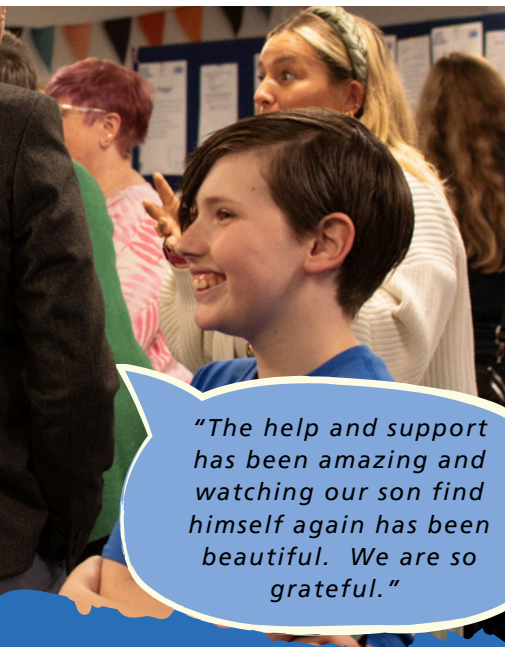
*'Motiv8 gave my child a safe space to be able to talk and not be judged.'*



*'I have been able to talk through different problems and I feel happier, because talking makes things better.'*



*"Motiv8 has helped me to be me!"*



*"The help and support has been amazing and watching our son find himself again has been beautiful. We are so grateful."*



Registered charity number: 1069085



[www.motiv8.org.uk](http://www.motiv8.org.uk)



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