

PARTNERING WITH MOTIV8



**motiv**  
**8**

life chances for young people



**SUPPORTING  
AMAZING  
YOUNG  
PEOPLE**

# THANK YOU FOR CHOOSING TO SUPPORT MOTIV8

Motiv8 is a life-changing youth support charity with more than a 20-year history of empowering young people aged 9-25 years. We work with young people, their families, and communities, who are often experiencing extreme hardships and create quality long-term support in Gosport, Fareham, Portsmouth and Havant.

With children, young people and families struggling with the cost of living and inflation, with mental ill health on the rise, and with the lasting effects of Covid being seen on education and in social isolation more are reaching out for intensive support than ever before. Many are attending multiple safe spaces, drop-ins and youth hubs to access very basic need.

Whatever their story our guarantee is they will always receive a warm space, a warm meal, and a warm welcome.





# The Need

**Motiv8 are engaging with more young people than ever before, struggling with their mental health. Living through both a global pandemic and the cost-of-living crisis has increased feelings of anxiety, depression and hopelessness. Young people tell us they need a safe space, a trusted adult and the confidence to talk through the issues in their lives. Young people have missed out on so many life experiences and opportunities and many are finding it difficult to access support and to connect within their communities.**



## WHAT ARE YOUNG PEOPLE CURRENTLY EXPERIENCING

**What challenges young people and their families are facing and how this is reflected in our services;**

### **Increasing safeguarding concerns**

We have seen a year on year trend of rising safeguarding concerns - up 27% in 23/24. A third of all reported safeguarding concerns were violence related with other key themes being self-harm, criminal exploitation, substance misuse and family (mis)function. With safeguarding reports increasing both in our family support and community provision it is critical that we can offer a wide range of interventions and signpost to further support and avoid any young person 'slipping through the net'.

### **Increasing levels of young people with serious and complex vulnerabilities**

Young people are presenting in our provision with significant, complex, and often overlapping mental health concerns. This can stem from exploitation, extreme bullying, neurodiversity, neglect and violence in the home. Understandably as well as these concerns taking longer to support, this places a heavier personal toll on the youth workers supporting them. Motiv8 has implemented a new programme of 'Trauma informed' supervisions and training to support sessional and youth workers.

Alongside this, the number of young people attending multiple Motiv8 sessions for access to food, warmth, access to digital equipment for schools or seeking company has grown, as they are often encouraged to not use energy or feel unsafe at home.

### **Cost of Living crisis has led to increasing numbers of young people needing more immediate support.**

With more than 90% families we work with now being from socio-economic disadvantage they are acutely exposed to cost of living rises, further compounding issues at home. Our current mentoring and listening services are full and our waiting lists are so busy they are closed with a 4 - 9 month wait for long-term support. We are implementing new early help well-being sessions and more Youth Hubs that meet immediate needs such as hunger and social isolation, digital poverty and anxiety.

There has been a 48% increase in referrals to Motiv8 this year compared to 2022/23 as partners turn to us with their requests for early help support. Increasingly Motiv8 plays a bridging role for those who access NHS or other Mental Health Supports, helping young people and their families put in to practice and embed the techniques and coping strategies that unlock resilience.

**Our response to each safeguarding concern takes an average of 2.5 hours. In the last year, we dedicated 577 hours to managing safeguarding incidences alone.**

# What we do

## Open Access Youth and Skills Hubs



We provide 22 hubs a week, offering food, games, sports, arts and crafts and much more! Alongside this, our alternative employability groups range from film making, paddle boarding and bike repair to creating and hosting a float at the Mardi Gras in Portsmouth!



We offer drop in sessions for young people, which give them the chance to talk to a trusted adult about anything they wish. These aspirational confidence building opportunities encourage social skills, interview prep, volunteering opportunities and new experiences

## Trusted 1-2-1 Youth Mentoring



The individual needs and goals of young people are at the heart of our mentoring practice. Referred to us through our own open access hubs or through parents, schools and other services. Each young person is paired with one of our trained youth workers on a one to one basis. Working over an extended period of time this builds a safe, trusting relationship our professional support team develop a bespoke working plan based on and responsive to the individual difficulties, goals and aspirations of the young person



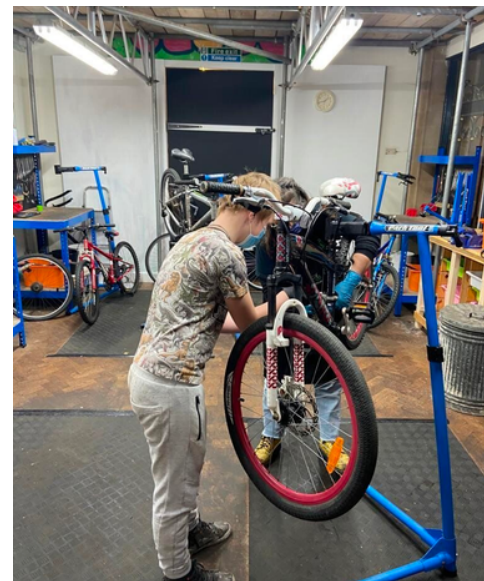
## Family Support and Community Engagement



Bringing together all in the 'Team Around the Family' (TAF) our family support workers establish and coordinate a clear, shared, and regularly reviewed intervention approach that bridges the gap between services and ensures that the voice and needs of the young person at its heart.



Our street-based youth programme, 'detached', allows us to offer advice, support and safeguarding to some of the countries most deprived communities. We proactively identify the places where young people are most at risk, and base our activity nearby for maximum impact.



**INVESTORS IN PEOPLE®**  
We invest in people Platinum

Member Organisation  
**Chartered  
Institute of  
Fundraising**

 **Outcomes  
Star™**

 **Laser**  
Learning Awards

 Registered with  
**FUNDRAISING  
REGULATOR**

'I have grown in confidence. I feel happier. I feel included, I feel positive when I come to the (hub) sessions. My support worker has never given up on me and that has made me feel good. I've learnt to talk to people instead of keeping it all in.'

'Motiv8 helped me come to terms with who I am and what I've done whilst continuing to grow my mental health and become a more mature, more rounded individual.'



An key example of our charitably funded provision, which has grown more than 130% in demand since the pandemic, is offering safe and warm open access Youth and Skills Hubs. These sessions give us vital insight into the needs of young people, both as a community and on an individual basis.

As well as meeting immediate needs such as hunger and physical activity, they also allow us to signpost toward further support while also provide a welcoming space where we can help people make sense of the support they may already be receiving elsewhere, and also offer direction to targeted skills provision that help prepare young people for the future our range of services to meet these changing needs.

An important part of our commitment to the communities we support, our hubs are run by our fully trained team of youth workers, who develop and deliver activities based on the needs of young people, and address safeguarding concerns in order to keep them safe.



It costs over £30,600 a year to run each hub. This cost has risen 15% in 2024 and is continually rising due to the 48% increase in referrals, 27% rise in safeguarding concerns and ongoing Cost of Living crisis affecting families and public services that would have previously supported.



‘There has been a massive improvement in my attitude at school and at home.’

ANNUAL YOUTH HUB BUDGET  
PER HUB, PER YEAR:  
A CLOSER LOOK AT COSTS

Expert Trusted Staff	£11,651
Service and Operational Costs (Including: Rent, Insurances, Utilities, Subs, DBS, Transport, Training, Database Admin, Uniform, HR and Finance, Maintenance, Communication)	£9,999
Safeguarding	£4,648
Activities and Food	£4,391
TOTAL	£30,688



# Partnering with Motiv8

By partnering with Motiv8, you'll have the opportunity to visit our projects and have a dedicated fundraiser on-hand throughout the partnership who will help you with fundraising events, press coverage and much, much more.

You will also have access to our logos and fundraising materials and we can help advertise your events. Further to this, you will benefit from positive PR, brand awareness, employee engagement and boosted well-being.

We can provide drop-in sessions or host a talk to help spread the word about Motiv8, motivating your employees to get involved with volunteering.



It doesn't stop there! Although funding is important to help us continue our mission, you are also welcome to visit hubs, get involved in volunteering and get stuck in with our fundraising events!

Your fundraiser will keep you up-to-date with your progress, upcoming networking and volunteer opportunities and share successes across social media platforms, giving your company a real boost.

If you would like to become a partner, please call us today on 07938 988 354 or email us at [fundraising@motiv8south.org.uk](mailto:fundraising@motiv8south.org.uk).



# The Impact

## What your support can provide for young people at risk

"These activities have made a huge difference to me. I felt supported and gained my confidence back because of Motiv8. I think these hubs are so important because its a safe place with safe adults that listen. Not every child has this in their community and because of Motiv8 they are able to experience that environment."

Young people have already been through so much, living through a global pandemic, missing years of childhood and losing confidence in themselves and their futures. We are determined to keep giving young people chances, no matter what, to build a positive future and believe in their abilities, and the money raised undoubtably helps us to achieve this.



1

Provision for hubs and clubs, ensuring young people have access to food, fun activities, and opportunities to socialise in a safe environment

2

Investment in our staff to equip them with the training and support necessary to deal with increasing safeguarding incidences. Funding to cover the time spent in extra mentoring sessions, to shorten waiting lists for young people

3

Funding for new and innovative youth projects, providing opportunities to regain vital skills and confidence; the chance of a better future.

"I feel that I've been involved with a lot of things because of Motiv8. I started with my 1:1 and then joined Self Love Club, I've continued with creative writing hub and also started going to create hub. I've gone to the recruitment day and got my first job because of Motiv8. There's been multiple times where I've been asked what ideas I have and how I could become more involved at my time with Motiv8. I really appreciate this because it shows that they all care at Motiv8 and that's so important for any young person."

# Gifts of Time and Opportunity

## Youth Hubs

Volunteer to support at one of the 22 Motiv8 Youth Hubs with multiple activities happening each night of the week in Fratton, Hillsea, Gosport, Havant, Leigh Park, Hayling Island, Waterlooville and Fareham. These open-access hubs are a key part of our provision. Roles include general activity support, cooking, leading sports, and working with young people to plan games or visits.



Four nights a week in various locations

## Food and Cooking

Providing nutritious warm food is a pillar of our provision. Volunteer to assist or lead in the delivery of a Motiv8 Cookery Course. Such work is invaluable in meeting immediate hunger, these fun and accessible courses are a regular features in our programme to teach young people healthy nutrition and vital cooking skills



Numerous - Termly Programme

## Discovery Days

You can't be, what you can't see. By hosting a discovery visit at your offices, sites, or delivery zones you will open the eyes of young people about the careers that could be available to them locally. A key part of our alternative education pathways provision. The best discovery days always include face-to-face time with colleagues, offering their lived experience of how they reached the roles they hold, sharing stories of the mistakes made and how people bounce back from them! This is what our Youth Advisor's tell us is particularly compelling and helps humanise the chances they could take.



Ad Hoc - shaped with a partner

## Celebrations or Exhibitions

Many of our activities, hubs, and one of projects are creative in nature. All of our activities encourage young people to come away with a tangible output which helps with their sense of validation, engagement, and personal development. By hosting an exhibition or celebration you can help further embed these achievements and develop a sense of confidence in young people, engender a pride in place, as well as helping them with both formal and soft skills that will assist them longer term in their future careers.



Ad Hoc - every Six Months. 2024 / 2025 TBC - Can be shaped with a Partner

## Careers Advice

Employment and the independence it can bring is a big focus for our young people. Drawing on your own journeys as a successful business person or as those looking to hire new starters by offering CV, interview, and employability advice you can make all the difference in helping those in our programmes best prepare for the next step.

Alongside this, those earlier in their careers within your organisations can also offer really useful contemporary guidance on what is immediately ahead - whether in further or higher education, the world of work, or simply on the horizon in life.



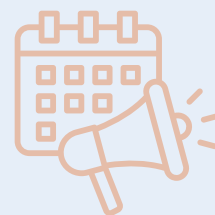
Ad Hoc - linked to timings in the school year -  
Folded into other activities - can be shaped with a partner



## Events Support

Motiv8 run a number of events each year with the community and our corporate partners. You and your teams could join us as Volunteers on the day supporting in roles such as an events marshal, on reception, covering catering, helping young people deliver activity, or even as part of the day's entertainment.

Pre-event support in delivery, planning, set up and marketing is always invaluable as well. Where ever possible we try to involve young people in this process and the chance to connect with external partners is always a big draw and a well-received soft skills opportunity for those taking part.

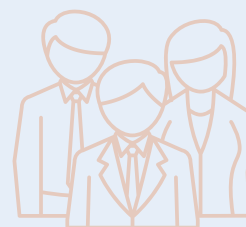


6 to 8 times a year across all sites.  
Examples include:  
Event Cinema  
Motiv8 summer activity day  
Great South Run  
Big Give celebration

## Business Support

While supporting young people is our mission, Motiv8 is a medium-sized business operating across the region that needs to deliver effectively and ensure the maximum value both for donors and those we support.

However, with the majority of our resources directed at front-line service delivery the back-office support we deliver, while efficient and effective is stretched. To this end, any professional services support (facilities, administration, marketing, or IT) is always a great help in ensuring core costs are met and funding can be committed more fully to front line work



Ongoing

Marketing Strategy and Digital Transformation Support  
HR, Recruitment, and Reward Process  
Commercial and Corporate supporter Plan Development

## Networking and Introductions

Your networks know and trust you. Any opportunities that arise to invite Motiv8 to join as your guest at events or networking opportunities is greatly received. This could be linked to your direct business activity, or as part of your sector / local networks, or through professional forums you are connected to.

It is by making new connections we can continue developing our portfolio of support and supporters, offering the foundational experiences for our young people as well as the flexibility to develop our staff. In return we are happy to pitch in running events or entertainment, facilitate sessions, as well as showcase the way you have supported us so generously thus far



Ad Hoc – Can be shaped with a Partner

## Advice

We know there are many who would like to support charities like Motiv8 but owing to external pressures are unable to commit to the time required to be a trustee or volunteer regularly. Launching in 2024 the new *Motiv8 Advisory Board* will be drawn from a community of donors, supporters, local community leaders, and young people themselves to offer a critical friend to the Motiv8 board and leadership team. Open to senior figures within our corporate partners, and expected to meet three times a year, we would welcome early support to bring together our inaugural board.



Ongoing From 2024

# Financial Support

There's an exhaustive list of ways you can financially support Motiv8 but the examples below will give you a flavour of the need, both in terms of resources, equipment, staff and delivery costs. As you will note the lower numbers can be multiplied to have a greater impact and for most equipment costs we often actually need to triple to cover the three nodes.



**£8** provides one **hot, nutritious meal** in one of our warm, safe Youth Hubs



**£20** would pay for tickets to a cultural attraction as part of an **Aspire & Achieve 1-2-1 mentoring session** - our alternative pathway to help NEET young people back into mainstream education



**£40** would buy a pair of **school shoes and trousers** to start the new term



**£100** would support two **1-2-1 mentoring sessions** for a vulnerable young person experiencing a **mental health crisis**



**£200** could buy five sets of **noise-cancelling headphones** for our young people with **neurodiversity needs**



**£400** would pay for **games consoles, controllers & games** for Youth Hubs to help young people settle during mentoring sessions



**£800** funds a **6-week course sharing essential cooking skills** with older young people developing their independence



**£1000** buys **outdoor sports equipment** encouraging young people to **get active, be healthy**, and overcome poverty often associated with high deprivation and urban density



**£3500** would pay for **laptops & equipment** to create a **'Tech library'** in each Motiv8 Hub allowing young people who live in digital poverty to complete school work, complete job applications, or connect with family



**£5000** supports a dedicated **sensory and 1:1 counselling space** within our hubs, providing a tailored, soundproof, & engaging space for young people to share their concerns, open up about their needs, & cultivate those trusted relationships that create a lasting difference. This space could also be made available to partner groups to **facilitate further community engagement & support** of those in need



**£8000** pays for two trained **front-line community support workers** to lead Motiv8's **'Detached' programme** for 6 Months. Delivering **targeted, place-led, street-based youth work** in some of the most **deprived wards in the region**



# Ways To Get Involved

November & December

## The Big Give

As we head in to the festive period, your donation could be worth double. Bring together your teams, partners, and colleagues and raise money however you wish to support the warm welcome, warm safe space, and warm meals that matter so much to the young people we support. And when you're ready the money will go twice as far thanks to our pledge partners in the Big Give

Donate as a Team  
Raise awareness  
Support the celebration event

Sunday 20th October 2024

## The Great South Run

The world's favourite 10 mile running event. Bring together a team to take part in the Great South Run and take in the sea air as you run along the Portsmouth sea front while creating life changes for young people. One you cross the finish like join motiv8 for our post-race party to celebrate you!

Fundraise to support Motiv8  
Sponsor the Motiv8 Running T-shirts

Wednesday 14th May 2025

## Motiv8 Golf Day

Join our corporate partners and supporters from across the region for the annual Motiv8 Golf Day. Support local children, young people, and their families on Wednesday 14th May 2025 as your team plays Boundary Lakes at The Utilita Bowl. With Prizes throughout the day, a two-course lunch and a raffle this is a highlight in our year and a fantastic opportunity for team building, engaging with our network, and forging some new 'links'

Buy A Team  
Invite Your Partners To learn more about Motiv8  
Sponsor the day  
Sponsor a pin on the days golf balls  
Donate a Raffle Prize

## Adventure Based Challenges

We know that our corporate partners are an ambitious and competitive bunch! So why not go head-to-head with an adventurous challenge? Whether it is running further than ever, taking on the mountains, a 24-hour football match or a mass participation event - feed your winning spirit while raising important funds for young people in need. Better yet, why not take on your supply chain, partners or neighbours to see who is the best of the best - all while helping us reach our needs at the high end of our gift ladder!

Fundraise as a team  
Raise Awareness in the community  
Support others who are giving back

## Service Referrals or Sponsorships

Some of our corporate partners link support of Motiv8 to specific services or opportunities, for example hiring of a particular van within a fleet or linked to the purchase of a product. We are always open to conversations around endorsement and support in this way.

Longer term support  
Partnership development

## Payroll Giving

Make a big difference by each doing a little bit every month. Set yourselves up for donations from your teams, giving tax efficiently through your paycheck. Why not match the donations of your staff in support of Motiv8 and create an even greater impact over the year?

# How your support can help...

There's an exhaustive list of ways you can financially support Motiv8 but the examples below will give you a flavour of the need

## £80

would buy a **large bean bag** for a 1-2-1 Sensory Room

## £8

would pay for **one hot, nutritious meal** in one of our warm, safe Youth Hubs.



## £400

would help us to buy **games consoles, controllers and games** for Youth Hubs to help young people settle and young people during mentoring sessions

## £20

would pay for a **ticket to a cultural attraction** as part of an **Aspire and Achieve 1-2-1 mentoring session**

## £40

could buy a pair of **school shoes and trousers** to start the new term.

## £200

would buy 5 sets of noise cancelling headphones for our young people with neurodiversity needs



## £800

funds a 6-week course sharing **essential cooking skills** with older young people developing their independence



'Motiv8 has helped me in so many ways that I can't even fully comprehend. I just know that it's made me a better person now, and it will make me a better person in the future too'

## £180

9 'Emergency' bus passes for the week to help young people travel to school





# £10,000

supports the delivery of a youth hub for 6 months, developing the health and mental wellbeing of young people

## £3,500

funds a one year supply of hot meals and food for a youth hub, meeting the essential needs of young people

## £1,500

would buy 3 game consoles for a youth hub, modernising space and activities for young people



## £1,000

would pay for sports equipment to encourage young people to get active and be healthy!

## £2,000

buys an interactive whiteboard to help with education and learning

## £4,000

would help us to soundproof a counselling room, ensuring privacy, safety and confidentiality



## £5,000

would pay for the development of a sensory garden

## £8,000

funds two trained frontline community support workers to lead Motiv8's 'Detached' programmes for 6 months, delivering targeted, placed, street-based youth work in some of the most deprived wards in the region



"Motiv8 has helped me to feel happier with my mental health. I'm making progress towards my CV and exciting to get my first job"

# Testimonials

“Working with Motiv8 South is such a rewarding experience. I have seen the work that they do first hand and it is so worthwhile. All of the different workshops and events they run target so many young people and steer them in the right direction. When helping with events, I have had the chance to meet so many young people who benefit from the services they provide. It is a great feeling walking away from a session or event knowing that you’ve made a difference to someone’s day/ week/ life.”

**Danielle Dean, ASDA (Portsmouth).**



## **Jon’s 106km Isle of Wight challenge... Raising over £1000!**

“I took part in the Isle of Wight Challenge in April walking 106 km continuously around the perimeter of the island.

I completed this in 21 hrs and raised over £1,100 for the Havant youth club.

I really like Motiv8, the support they provide young people and their families is so valuable. Growing up locally in Gosport I can relate to some of the difficulties the children face at home and in education. I have seen first hand just how positive and impactful Motiv8 services are for young people volunteering at the youth club.

I look forward to continuing to support Motiv8 in the future.”

**Jon**





# Find Out More & Get in Touch

## There are lots of other ways you can support our young people...

Whether it's sharing skills, time, resources or other creative fundraising opportunities, we are grateful for all types of support. We would love to chat to you about other ways you can get involved.

**Get in touch, visit our website or social media channels to find out more!**

## You can find us here:



[www.motiv8.org.uk](http://www.motiv8.org.uk)



[info@motiv8south.org.uk](mailto:info@motiv8south.org.uk)



Unit 2 and 3 Cumberland  
Gate, Cumberland Road,  
Portsmouth, PO5 1AG



023 9283 2727



Charity Registration No. 1069085



Motiv8 South



Motiv8 South



Motiv8\_South



Motiv8\_South



Motiv8 South



**motiv**  
**8**  
life chances for young people

# Thank you



Here at Motiv8, we're passionate about creating the conditions to enable young people and families to thrive and be the very best version of themselves.

Thank you for  
helping us to do  
this.