



**SPRING
2026**

A WARM WELCOME FROM OUR CEO, KIRSTY



Our values guide everything we do at Motiv8. They are not just words or strategy, they are how we work, how we support one another, and how we recognise when we make a real difference.

As a youth worker, Trusted Relationships has always stood out to me. Trust sits at the heart of youth work. When a young person begins to trust that they are understood and supported, positive change becomes possible.

Trust is just as important across our organisation, with families, partners, teams, and communities. It means knowing we are committed for the long term, lifting each other up through challenges, celebrating success together, and continually learning to provide the best support for young people.

Charity work is not always easy, but what keeps me going is meeting incredible young people and seeing the impact made by brilliant people across Motiv8 every day. I am incredibly proud to lead such an outstanding organisation.

Grab a cuppa and enjoy this value led edition of Communic8

Kirsty

The images featured are used to help bring our stories to life, but they may not directly represent individuals mentioned. This helps us protect privacy while still celebrating the journeys and experiences shared.



TRUSTED RELATIONSHIPS



We work with openness, honesty, and integrity. We do this by being approachable, reliable, and fun

“Collett makes me feel happier after I see her.”

“They helped me feel listened to and helped me fix things with my family.”

“I feel less alone.”

“You listen to what I want us to do and explain things when we can’t.”

“I feel happier and can manage my emotions better.”

“I feel less self-conscious”.

“They helped me get out of a dark place and understand my value.”

“Samara kept him on track. It seems to have made a good difference.”

“It made me realise my self-worth and grow my confidence.”

“I know how to regulate my emotions now and talk to people about stuff.”

“Working with Samara made the support comforting, it made a safe space where I can be myself.”

“It felt like I met someone who understands me.”

“I feel less angry. Motiv8 has helped me.”

Building Trust and Understanding Through Teen Life

Our recent Teen Life programme has once again highlighted the power of creating trusted, supportive spaces for families. Teen Life is a six-session course for parents and carers of young people aged 10–16 who may be autistic, are awaiting assessment, or already have a diagnosis. The programme centres autistic voices, incorporating videos and quotations to amplify lived experiences and deepen understanding.

Families can attend alongside a supporting professional, ensuring shared learning across everyone involved in the young person’s life. The aim is to empower families with greater knowledge and confidence in supporting their child. Delivered by a licensed Teen Life practitioner within Motiv8 and supported by another professional, the sessions explore stress, anxiety, behaviour, health and wellbeing, puberty, education and the transition to adulthood.

These powerful connections and shared insights, built on trust, are at the heart of Teen Life and the work our highly skilled Youth Support Workers do every day.

“This course has been amazing and extremely beneficial. I feel this course should be offered to every parent with a child of special needs.”

“This course has made it possible for me to view various different symptom of autism in different ways. It has been great to meet, share and hear experiences from other parents. Thank you for this learning experience.”

“I have enjoyed this full course and the information supplied. I also feel that I was also very lucky to have the group I had.”

We actively work together with the community, young people, families and our partners to achieve the very best outcomes



QUALITY

INVESTORS IN PEOPLE®

We invest in people Platinum

At Motiv8, our commitment to Quality means we strive to do our very best every day. Working with professionalism, integrity and a continual drive to improve the support we offer for young people.

This dedication is reflected in our achievement of the internationally recognised Investors in People (IIP) Platinum accreditation. Investors in People is a global movement that puts people first, believing that when organisations invest in their teams, society becomes stronger, healthier and happier.

We have held IIP accreditation for more than 25 years. Our Platinum award, given in 2024 and the highest recognition IIP can bestow, demonstrates that Motiv8 not only values and supports our staff, but also continually enhances the culture and practices that enable us to deliver exceptional outcomes for the young people and communities we serve.

Since achieving IIP Platinum, we've continued to grow and strengthen together, building on what we do well, enhancing the way we work, and nurturing a culture we're truly proud of. We're excited to share just how much we've achieved across Motiv8 as we keep embedding quality and care into everything we do.

STRENGTHENING YOUTH WORK THROUGH FUNDING & RESOURCES

- **New Funding CRM (Beacon)** embedded across the organisation, improving how funding is tracked and enabling more strategic, long-term investment into youth services.
- **Increased fundraising events and more corporate partners**, helping sustain frontline youth work and securing future funding for Motiv8's Fareham community hub.

AMPLIFYING YOUTH VOICE & PARTICIPATION

- **Participation & Sharing Power Strategy** implemented.
- **Youth Advisor cohort** launched, embedding lived experience at senior levels. Young people now paid for their involvement in consultations, planning and organisational decisions.

STRENGTHENING GOVERNANCE & STRATEGY

- **New strategy document** with clear strands now embedded across the whole organisation.
- **Five new Trustees recruited**, stronger sub groups, and monthly Trustee catch ups ensure faster, more youth focused decision making.
- **Impact report redesigned**, helping teams demonstrate outcomes more clearly.
- **Cyber Essentials quality mark achieved**, protecting young people's data.

IMPROVED STAFF EXPERIENCE FOR BETTER YOUTH OUTCOMES

- **Volunteer process overhauled**, making recruitment smoother and bringing more skilled volunteers to youth projects.
- **Managers & Trustee onboarding sites completed**, creating more stable leadership.
- **Organisation-wide wellbeing audit underway** to improve staff mental health.
- **Recognition initiatives** strengthening morale.

IMPROVING THE QUALITY OF SUPPORT YOUNG PEOPLE RECEIVE

- **Training competency framework** created and linked to supervision, ensuring youth workers meet consistent standards.
- **Sexual health, harassment and menopause training** rolled out, improving staff confidence and safety practice.
- **Team Leader development training** builds stronger management within youth teams.
- **Lego Serious Play** embedded as a creative engagement tool for young people across all teams.



COLLABORATIVE

At the heart of regeneration, is the next generation!

We are proud to have led the Gosport Routes Consortium, which has been awarded £750,000 as part of the Arts Council 2026-29 Creative People and Places Portfolio.

Alongside Hampshire Cultural Trust, St Vincent College, Community First, Incredible Edible and Gosport Borough Council we will build on work that has been gaining momentum over the last five years encouraging local residents to curate, participate and create where they live.

Gosport Routes will continue our shared journey to celebrate the amazing culture journeys happening everyday across the borough and position Gosport as a destination for cultural experiences. Together we will be engaging the next generation with placemaking events and activities as well as empowering artists to explore what it means to live, work and create throughout the peninsula.

We look forward to continue working with our community, local partners, creatives and the people of Gosport to bring this programme to life over the next three years.



Supported using public funding by
ARTS COUNCIL ENGLAND

We proactively engage with a wide network of partners, to create opportunities for our communities

Putting Young People at the Heart of Havant's Partnership Work

The Havant Local Children's Partnership (LCP) brought a wide range of organisations together at the Motiv8 Community Hub, reflecting the strong collective commitment to supporting local children, young people and families. Partners from education, health, early years, youth services and the voluntary sector shared updates, strengthened connections and explored new ways to work together.

A key highlight was the progress of the Best Start Family Hubs programme, with Leigh Park chosen as the first Hampshire site. The hub will bring parenting support, early learning, SEND services, mental health support and practical advice into one accessible space, ensuring families get the right help early on and improving long-term outcomes for young people. Partners were invited to shape the programme, ensuring it reflects local needs and builds on existing community strengths.

The partnership also celebrated the success of the Big Link Up, co-led with Motiv8, which connected 19 agencies and 94 professionals, strengthening networks and improving how young people and families are supported. Updates from local partners, including youth mental health programmes, expanded HAF activities and new family support initiatives, demonstrated just how much is happening across Havant.

Across all discussions, one theme stood out: collaboration is creating broader opportunities, earlier support and stronger outcomes for Havant's young people.



Motivating Futures: Working Together for Gosport's Young People



The Gosport Local Children's Partnership (LCP) has continued to work closely together throughout the year, showing real commitment to young people in the local area. Partners from education, health, youth organisations, community groups and Motiv8 have remained united in ensuring families receive timely, coordinated support.

A highlight was Summer Passport, which saw 614 young people take part and generated nearly 1,900 engagements across parks and community venues. Families shared powerful feedback describing how activities built confidence, reduced isolation, created new friendships and offered opportunities they otherwise couldn't access.

The LCP also strengthened collaboration with the Gosport Food Partnership, helping young people engage in community food initiatives and supporting new cookery courses for young carers and care leavers. Partners contributed to key health priorities, including the Breastfeeding Welcome Scheme and healthy weight work targeting families most in need.

St Vincent College remained an active partner, using LCP insights to shape curriculum pathways for young people who have faced barriers to education. Through shared priorities and strong local relationships, the LCP continues to create wider opportunities, stronger support networks and better outcomes for Gosport's young people.

EMPOWERING

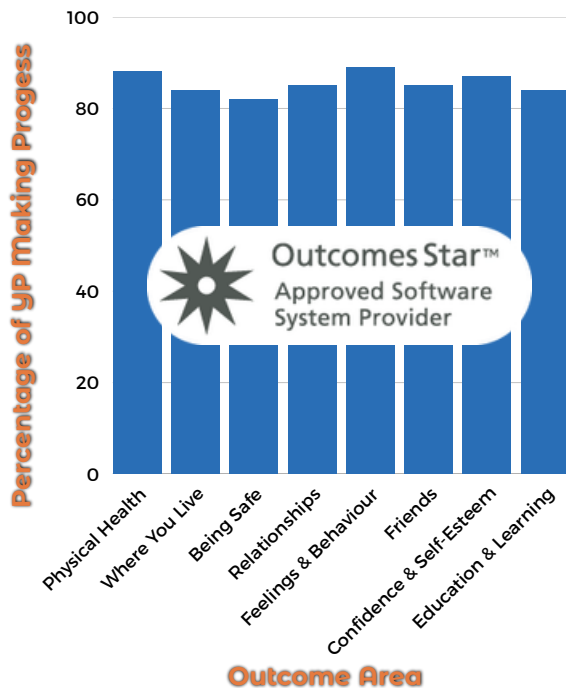


We believe in young people. Realising their potential, building on what is strong, not what is wrong

Four Motiv8 Youth Advisors played a leading role in strengthening the #BeeWell project in 2025, going far beyond simply contributing ideas, they shaped how the project speaks to young people. #BeeWell gives young people across Hampshire, Southampton, Portsmouth and the Isle of Wight the chance to share honest insights about their wellbeing and mental health through an anonymous survey. But when concerns grew that many young people weren't taking part, or didn't feel confident enough to give truthful responses, the Youth Advisors stepped forward to change that.

They chose not to rely on the original animated video, feeling it didn't reflect the real experiences young people face. Instead, they created a powerful, self-directed film that explored difficult and personal subjects with honesty. By sharing openly that some topics were meaningful to them too, they set a tone of trust and courage, showing other young people that it's okay to be truthful about how you feel. This peer-led approach carried far more weight than any adult designed resource could. It came from lived experience, created by young people for young people.

The Youth Advisors' work didn't just raise awareness, it created change. More young people across the region felt encouraged to complete the #BeeWell survey and to do so with real honesty. Their impact ensured that more voices were heard, more experiences were represented and more young people were empowered in shaping the future of wellbeing support in their schools.



Motiv8's Outcomes Star data shows us the collective journey of young people as they've grown in areas that matter most to their daily lives. Including but not limited to how safe they feel, their emotional wellbeing, their relationships, their health and their confidence. Across all eight areas, the data reveals consistent and encouraging progress. Young people are reporting stronger friendships, more stable living situations, increased self-esteem and greater engagement in learning. Together, these improvements reflect a powerful upward trend in overall wellbeing and personal development.

This progress is captured through the Outcomes Star, a licensed, evidence-based, user led framework. Designed for use by professional trained youth-work practitioners, what makes this tool unique is that it is collaborative by its nature.

Young people co-assess their strengths and needs with their Youth Support Worker, making the data both authentic and young person-centred. By grounding our work in this structured, research-informed model, we can confidently demonstrate impact, not just through numbers, but through meaningful change in young people's lives. This chart represents more than metrics; it represents real growth, real stories and real outcomes.

ADAPTIVE

5 1 5 8

Young people and families meaningfully reached across all our strands, in all parts of our communities

6 6 5

People in need referred to Motiv8 for long term personalised Youth Mentoring – a 7% increase

8 5 1

Attendees were able to access weekly youth hubs in their neighbourhoods – a 5% increase

1 4 8 6 6

Hours of direct support given by Motiv8's professional youth work teams – more than 600 days and a 75% rise!

We see each young person as an individual, tailoring our support to their lived experience creating positive change



Wellbeing is a growing part of Motiv8s portfolio, responding to the growing needs of young people. 294 individuals accessed over 1500 hours of support in 2024/2025



12 youth advisors have been appointed from all areas to inform decisions that effect them, this enables us to adapt in a way that suits young people best



There has been a significant withdrawal of traditional youth club spaces and trained Youth Workers across the country in the last 20 years. By training our own staff and investing in spaces at the heart of neighbourhoods Motiv8 ensures that young people have access to a Youth Hub in their own communities



4 Youth Futures sessions happen across Motiv8 each week. generously supported by the Blagrove Foundation. Open to all, this time allows young people to explore skills, understand what barriers may exist to continuing their own skills journey, and offer time to complete practical tasks such as CV writing, job applications, or revision for workplace qualifications



With referrals up more than a third in the last three years, we've responded to the unprecedented rise in emotional health concerns, safeguarding and anxiety with staff training in Trauma informed Practice and utilising the Thrive Framework. Motiv8 focuses on what is strong, not what is wrong



In line with Motiv8's place based strategy we've secured a long term lease for our Havant Hub, now equipped with a fully functioning community kitchen, large activity room, and 1-2-1 spaces. In November of 2025, we expanded into Fareham by opening our bricks and mortar base at Broadlaw Community Centre



We've become the 2nd organisation to receive 'Approved Provider' status from Portsmouth City Council, allowing us to more effectively help those most disengaged with education across Portsmouth. Following this, we've recently received 'Approved Provider' with Hampshire County Council



In 2024/2025 Motiv8 was appointed as the provider for young carers services in Gosport and Fareham. The area with one of the highest concentrations of those under 18 supporting someone with additional needs at home

OUTSTANDING CONTRIBUTION

Our teams reflect Motiv8's values in all that they do, making outstanding contributions to the lives of young people



Yvette, hearing of the feedback you recently got from your young person was so lovely. A reflection of the amazing work you do! Well done.

"I'm going to the hospital to see my other grandad, but I wanted to thank you also, when I was there I obviously got over stimulated and upset very easily, then I remembered the breathing and other techniques you have taught me and it calmed me down every time I needed it."

"Some outstanding work being completed with your young person over the course of the last 6 months. Not only is he in the last stretch of successfully completing his ABC contract, he has re-engaged in alternative provision, stepped down from Children's Services support and been taken off Op Met. Lovely hearing praise for you from other professionals in meetings. Amazing work, well done."

Jess, well done for receiving some incredible feedback.

"Motiv8 helped me identify the cause of many issues I had been struggling with but also taught me how to identify and start to change these myself. I first got referred to Motiv8 due to anxiety with everyday life, especially school.

Working with Jess helped me to deal with these emotions and also the other struggles I had. After working with her I feel confident in knowing that in times when I struggle, I can help myself through and also know where to go."

Such an amazing compliment received via email today.

"I just want to express my gratitude towards a member of your team. I have personally thanked her, but I feel she should be recognised by her management team and even higher up if possible. Home life has been incredibly tricky with my eldest daughter.

Life has been turned upside down with very little support from different agencies. Tia has been involved since things have got more difficult and I honestly could not have got through the last few months without her support. She genuinely has made this whole journey a lot easier.

Her kindness towards myself and my daughter, the endless support given to us both and her understanding is more than I could have ever hoped for from a charity.

Tia has made a significant difference in our lives, and I cannot express how thankful I truly am. She has been this steady person in all of this and knowing I have her has made this whole journey easier to navigate.

Thank you does not seem enough, the words just don't express how truly thankful I am. I am forever grateful to her endless hard work and support. She truly deserves all the recognition in world. She came into our lives at the worst point and has continued to support us, making things a little less challenging."

LIFE CHANCES FOR YOUNG PEOPLE



Contact us here



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