

MOTIV8 COMMISSIONABLE YOUTH SERVICES





life chances for young people

Motiv8 is proud to be a young person led, life chance, youth work charity. Increasingly we recognise the role we can play as an alternative pathway and as a vital professional community partner of schools, councils, and colleges.

Our approach ensures that every young person can access the right support, at the right time, in a way that is right for them. This starts with our amazing teams and the trusted relationships that come to define our most successful partnerships.

Motiv8 are committed to ensuring the highest standards of quality. An Approved Alternative Education Provider across both Hampshire and Portsmouth, all of our expert youth workers hold or are on a pathway to securing a National Youth Agency (NYA) Qualification. The majority also hold a variety of more specialised qualifications. All our programmes are trauma informed and can be tailored for the needs of each young people using the user led Outcome Star framework which monitors and celebrates their journey of change.

We know what works in youth work. Working with those who have not thrived in traditional settings we are committed to building programmes that empower. Importantly we do this within their own communities and work with all those around the young person to create an ambitious but achievable plan.

Our Vision

To create safer more connected communities, where young people can be heard, use their voice and develop new skills through opportunities which enable them to thrive.

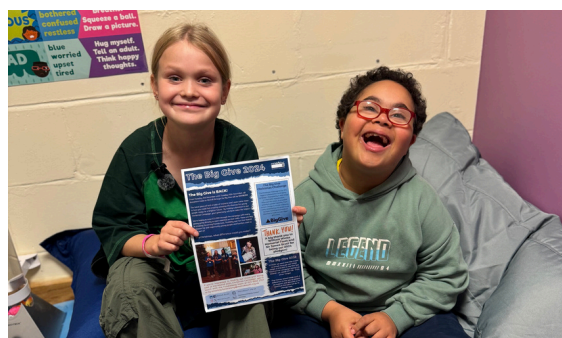
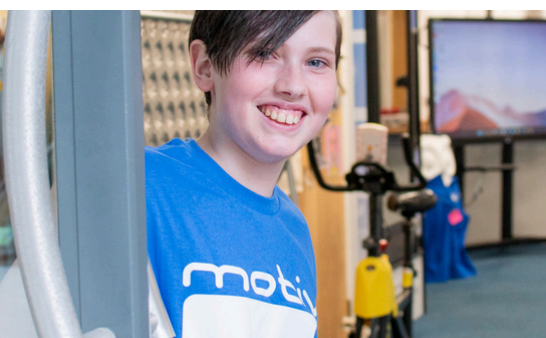
Our Purpose

Motiv8 places young people at the centre of all we do, providing a trusted relationship through a Youth Work approach. Motiv8 ensures the right provision is available at the right time, in a way that is right for each young person, wherever they are on their journey.



Thank you for taking the time to consider our specialist, commissionable, youth work programmes. We are always open to finding the right solution for every partner. We welcome conversations on how we can best deliver or adapt our provision to ensure we are offering the right programme to meet your needs, support your teams in the right way, and that allows us to offer the right intervention, at the right time for each young person and family

Motiv8's CEO, Kirsty



“Motiv8 are undoubtedly the ‘go to’ organisation for supporting young people and children who other support services fail to engage.”

Motiv8 is known for its professionalism, innovation and ability to really understand and champion the voice of the young people and children they work with.

VRU Manager
H&IoW Office of Police and Crime Commissioner

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☎ 023 9283 2727
 ✉ info@motiv8south.org.uk

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Our Values

WE ARE COMMITTED TO BUILDING TRUSTED RELATIONSHIPS



We work with openness, honesty, and integrity. We do this by being approachable, reliable, and fun.

“ I HAVE GROWN IN CONFIDENCE.

I FEEL HAPPIER. I FEEL INCLUDED, I FEEL POSITIVE WHEN I COME TO THE HUB SESSIONS. MY YOUTH WORKER HAS NEVER GIVEN UP ON ME AND THAT HAS MADE ME FEEL GOOD.

WE ARE COMMITTED TO QUALITY



We actively work together with the community, young people, families and our partners to achieve the very best outcomes.

I’VE LEARNT TO TALK TO PEOPLE INSTEAD OF KEEPING IT ALL IN.

WE ARE COMMITTED TO BEING COLLABORATIVE



We proactively engage with a wide network of partners, to create opportunities for our communities



WE ARE COMMITTED TO BEING EMPOWERING



We believe in young people. Realising their potential, building on what is strong, not what is wrong.

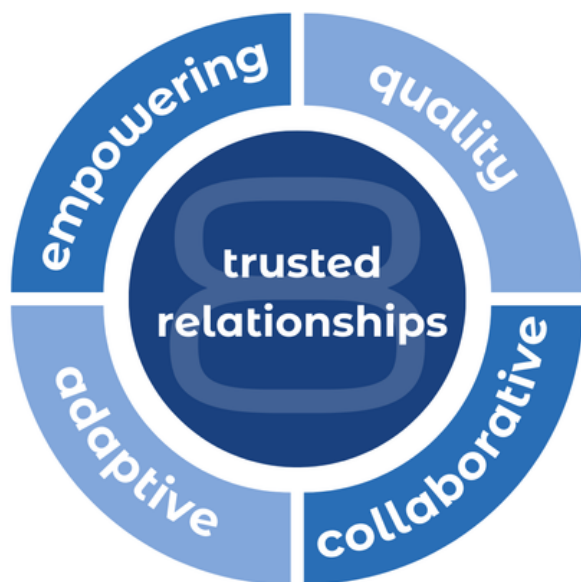
“ MY CHILD LOVES MOTIV8 AND IT’S HELPED HER TO MAKE NEW FRIENDS, WHICH SHE STRUGGLES WITH.

WE ARE COMMITTED TO BEING ADAPTIVE



We see each young person as an individual, tailoring our support to their lived experience creating positive change

ALL THE STAFF ARE AMAZING AT MAKING HER FEEL WELCOME AND CONFIDENT



EARLY AND LASTING HELP, THAT WORKS!

- 5158 Young people and families reached across all our strands, in all parts of our communities
- 100% of Families would recommend our service to someone in need in 24/25 offering “...early intervention and support for young people that is flexible and can last over multiple years”
- 84% of mentees reported 'overcoming the barrier that led to their referral' within 6 months.
- 70% improved their emotional health and well-being
- 67% saw uplifts in learning outcomes and attainment
- 55% improved behaviour in schools
- 86% of families improved their relationships at home

Our Pledges To Our Young People

1

We will always be committed to our communities. Whatever the activity, we will offer a safe space for young people.

2

We recognise that each young person has a unique journey and lived experience that must be considered.

3

We build on what is strong, not what is wrong, offering opportunities that help to unlock their resilience.

4

We understand that the first step to lasting change is accepting help. We will go at a pace right for each young person.

Our Programmes and Services

Youth Mentoring	Young People Aged 9 -19 in need of additional support and trusted role modelling because of adverse childhood experiences	Offered over 6 months these weekly sessions link with families and all those around a young person to offer personalised support and guidance. Youth Mentoring can be arranged for an individual young person or to support to a cohort of pupils regularly.	page 5
Youth in Community - CHOICES	Young People Aged 11+ at highest risk of exposure to Adverse Childhood Experiences and Criminal activity	Choices is an interactive targeted group programme aimed at young people who are at risk of Anti social behaviour (ASB) and increased risk of Child Sexual Exploitation and Child Criminal Exploitation run intensively over 10 weeks.	page 6
Youth in Community - DIVERT	Young People Aged 13+ aimed at reducing Anti Social Behaviours (ASB) and community offending	The Divert programme aims to reduce anti-social behaviour and offending in local communities working with young people within their own neighbourhoods to address the three C's (choices, company and consequences).	page 6
Youth in Community - DETACHED	Working with young people of all ages and community partners within their own communities through street based youth work	Street-based youth work, 'detached', and outreach takes Motiv8 to where the need is greatest. Co created with third sector and business partners we work with and on behalf of communities to improve access to and awareness of the support available as well as address ASB and safety concerns	page 7
Youth Health and Wellbeing - TRAP	Young People Aged 11+ in need of additional support understanding healthy relationships	Motiv8s Teenage Relationship Abuse Programme (TRAP) is an eight week programme for six young people that addresses young people's expectations of relationships and demonstrates the attributes of healthy relationships.	page 8
Youth Health and Wellbeing - PAACES	Young People Aged 11+ in need of additional support living with trauma responses	The PAACE (Positive and Adverse Childhood Experiences) Toolkit empowers young people to understand, better manage, and change their experience of living with trauma responses using a combination of creative activities and group working to develop young people's resilience.	page 8
Youth Skills - SPACE	A range of ages from 9+, dependant on the programme, linked to the development of essential practical and life skills	Motiv8' Youth skills provision is aspirational, adaptable, and accessible. Creating opportunities that will last a lifetime. Programmes include Your Space (Personalised Plan), Bike Space (Bike Maintenance), Blue Space (Maritime and Sustainability), and Green Space (Outdoors and Forest School).	page 9
Youth Futures - ASPIRE AND ACHIEVE	Young People Aged 14+ who are NEET or at highest risk of exclusion	Through creative and engaging activities, the Aspire and Achieve programme gives young people who may have struggled in a traditional education setting a safe place to receive emotional wellbeing, learning, and personal development support to find training when ready.	page 10
Youth Skills - LEGO® SERIOUS PLAY	A range of ages from 9+, as well as leaders and those in delivery roles in all sectors keen to apply innovate youth work principles	LEGO® SERIOUS PLAY harnesses imagination for creative problem-solving. This accessible hands-on approach enables a deeper exploration of complex concerns and youth work techniques as well as offering an exploration of connections and the barriers to progress.	page 10



Youth Mentoring

Age: 9-19 | Six Months Support

Motiv8s Youth Mentoring offer weekly personalised support shaped around each young person. Our expert youth workers will link with parents and carers, schools, and other professionals involved to ensure any delivery compliments other support around the young person. Keeping in regular contact with those at home and with school Motiv8 workers can attend Child Protection, CIN and other strategy meetings where needed. Youth Mentoring can be arranged on referral from an individual young person or with a school to offer longer term support to a cohort of pupils regularly.

EXAMPLE OUTCOMES



IMPROVED ENGAGEMENT WITH EDUCATION AND LEARNING



INCREASED PARTICIPATION IN POSITIVE ACTIVITIES



REDUCTION IN OFFENDING AND ANTI-SOCIAL BEHAVIOUR



IMPROVED EMOTIONAL HEALTH AND WELLBEING



IMPROVED AT HOME AND FAMILY RELATIONSHIPS



REDUCTION IN RISK TAKING BEHAVIOURS



IMPROVED PHYSICAL HEALTH

Offering a comprehensive user led framework to monitor, evaluate, and support each young person's journey of change Motiv8 uses Outcome Star to identify strengths, create a plan for support, and achieve positive outcomes.

Building on what is strong not what is wrong our use of Outcome Star has been nationally recognised by its creators, the National Youth Agency, and Children in Need as a best in class youth work provider. We are committed to being evidence led, trauma competent, and informed by impact.



Our help may look like a young person who at first feels stuck developing to a place where they feel empowered to accept help. All while creating an environment where each person has the tools to help themselves and the network to be overwhelmed when instability strikes. Through role modelling and by developing prosocial behaviours, these trusted relationships are adaptable and offer each young person the chance to contribute positively to their own communities and build self-confidence. This is how we begin to unlocking resilience, and offer the foundations for a brighter future.



I feel way better, I can speak about my dreams. It's helped me with life choices. The weight I have felt from not having someone to talk to has been lifted.

Case Study: Taking Action and offering "Life-changing" Support

Experiencing bullying in school, Ollie had a breakdown in confidence and self esteem. He became so anxious that he was stopped going to school or even leaving the house.

With his MOTIV8 mentor, Ollie set a series of personal goals, explored relaxation techniques to help manage his anxiety. They spent sessions focusing on Ollie's personal strengths to re-build his confidence. Over time Ollie felt able to reconnect with friends and begin spending time out of the house.

Looking back on his mentoring relationship Ollie's family told us that our support had been "life changing". When asked himself, Ollie shared that...

My life before Motiv8 was very isolated. I didn't think I'd be able to leave the house again. Walking and talking with my mentor has helped my world feel brighter. I feel like things are better now. I've really come a long way with projecting myself to others and becoming more confident and able to talk things through

As well as Youth Mentoring trusted relationships shaped around an individual young person, Motiv8 can also offer part, half, or full day mentoring in schools and colleges across Portsmouth, Gosport, Fareham, and Havant, as well as across the Solent and Hampshire

Delivered face to face on the school site, these weekly mentoring session can accommodate up to five young people per day, depending on the time required per pupil. Arrangements can vary from 6 weeks up to whole school years.

Part of Motiv8's commitment to adaptability these session can be delivered to fit around school and college lessons, adjusted timetables and additional support sessions. The Programme can be shaped by each provider to meet the wider strategic needs of the particular organisation or respond to trends arising Programmes can be adapted as the academic year progresses.

CONTACT OUR HEAD OF YOUTH VOICE AND PARTNERSHIPS TO DISCUSS A PLAN FOR YOUR YOUNG PERSON OR YOUR SCHOOL

Sophie King - [023 9283 2727](tel:02392832727) / sophie.king@motiv8south.org.uk

LEVELS OF SUPPORT

- 1 LEVEL ONE OFFERS A YOUNG PERSON 1 ½ HOURS OF SUPPORT PER WEEK
- 2 LEVEL TWO OFFERS A YOUNG PERSON 3 HOURS OF SUPPORT PER WEEK
- 3 LEVEL THREE OFFERS A YOUNG PERSON 6 HOURS OF SUPPORT, PER WEEK

While most Motiv8 Youth Mentoring relationships are arranged within these levels, bespoke arrangements based on the needs of the young person and individual circumstances can be reached working with our professional teams



Youth in Community - CHOICES

Age: 9+ | 6 YP | 12 weeks/term | Academic Year

Choices is an interactive targeted group programme aimed at young people who have been exposed to Adverse Childhood Experiences, are at risk of ASB, and/or who may be showing signs of vulnerability that place them at increased risk of Child Sexual Exploitation and Child Criminal Exploitation. Running intensively over 10 weeks, each session will include both onsite and offsite activities.

CASE STUDY: BETTER CHOICES. BRIGHTER FUTURES

Motiv8 Gosport's recent Choices programme offered group support to Young People who were involved in or identified as becoming involved in anti-social behaviour or serious violence and crime. This programme took place over 8 sessions and included visits from expert practitioners and partner agencies. These include the Police, exploitation support, drug harm reduction, money management, as well as work around healthy relationships, wellbeing, and exploration of future goals throughout led by Motiv8 Youth workers.

The cohort then chose a community project focused on raising awareness of knife crime safety for other Young People through a graffiti-based art workshop led by a local artist. A positive cultural project this captured their voice in a new medium that can encourage participation in those traditionally less engaged. We have seen positive outcomes across all cohorts supported this year, including a reduction in anti-social behaviour, improved engagement in education, changes to friendship groups, improved confidence and wellbeing, and feeling safe in the community.



PROJECT OUTCOMES

Young people complete Outcome Stars alongside their sessions, to monitor and evaluate the journey of change. Many young people also start to engage with other Motiv8 programmes developing further prosocial positive traits and continuing to shape their development. Beyond practical skills focuses also include:

- Improving Behaviour
- Communication
- Engagement with the community
- Developing Interests and Activities
- Improving Health and Wellbeing
- Better understanding of future ambitions



Youth in Community - DIVERT

Age: 13+ | 6 YP | 12 weeks/term | Academic Year

The Divert programme aim is to reduce anti-social behaviour and offending in local communities. The outcomes are a significant (or, in some cases, total) reduction in anti-social behaviour and offending. The programme covers topics such as diversity, the 3Cs (choices, company and consequences), victim impact.

Visits could include to drug and alcohol rehab centres or other similar service providers. Motiv8 will also involve guest speakers on diversity and discipline / self-control and elements of the programme may also be delivered jointly with partner services, other charities, sports providers, or the police

An important part of the DIVERT programme is the reparation session, an opportunity to give something back to the community and for the community to see the young people in a positive light.

“ It has made me see things from a different perspective and what consequences might happen if I get into trouble. School has got better, I can manage my anger better and my behaviour in the community is better. It gave me an escape and a safe place for something to do. ”

EXPECTED OUTCOMES

- ✓ NOTABLE REDUCTION IN REOFFENDING RATES AMONG THOSE TAKING PART
- 🛡️ INCREASED FEELINGS OF SAFETY AND A SENSE OF COMMUNITY COHESION
- 🧠 TAILORED LEARNING ENVIRONMENTS FOR THOSE WHO MAY BE AT RISK OF EXCLUSION ELSEWHERE
- 🤝 BUILDS POSITIVE RELATIONSHIPS BETWEEN YOUNG PEOPLE, PROFESSIONALS, AND THE COMMUNITY



Youth in Community - DETACHED

Through regular street-based youth work, what we call 'detached', and participation at community and cultural events we take ourselves to where the need is greatest. Working with and on behalf of community partners we reach out across the community to improve access to and awareness of the support available.

By empowering young people within their own communities, we can ensure any action taken is longer lasting. By working with young people rather than doing to them, for example to reduce antisocial behaviour, we can create trust across neighbourhoods with those who are often most disengaged or at greatest risk.

Delivered by expert street based youth workers this model is proven to create safer communities, encourage participation and reach those not engaged by traditional services.



WHY TAKE A STREET BASED YOUTH WORK APPROACH?

- By going to where at risk young people are, rather than waiting for them to come to us we can catch concerning trends earlier as well as apply positive change faster
- We are led by the wider social issues unique to each place, neighbourhood, or social group
- We can partner with other services, such as Fire and Police, as well as local business and charities to create a structured networks that wrap around those in need and offer support.
- Taking a youth led approach, detached can facilitate access to alternative provision/support by beginning on create trust
- Street Based Youth Work offers local solutions, to local problems, shaped by the local people we meet



DURING THE SUMMER OF 2025...

Demonstrating the importance of 'Detached', during the summer holidays 2025 Motiv8 was part of a focused programme with partners from across Portsmouth that reach almost 1000 Young people. This provided a vital opportunity to speak to young people not reached by other programmes about a wide range of important issues, with tailored advice provided.

In just 1 month in August 2025 the number of conversations we had while on Detached included...

- 67 ABOUT ALCOHOL, SUBSTANCE MISUSE SMOKING AND VAPING
- 31 ABOUT ANTI-SOCIAL BEHAVIOR
- 24 ABOUT EDUCATION AND TRAINING
- 37 ABOUT FAMILY AND RELATIONSHIPS
- 21 ABOUT EMOTIONAL WELLBEING AND MENTAL HEALTH
- 133 ABOUT PHYSICAL HEALTH
- 177 ABOUT ENGAGING WITH POSITIVE ACTIVITIES



Street-based youth work can be an important and effective tool in addressing neighbourhood level concerns, improving safety, and developing community cohesion.

'Detached' Programmes can be commissioned for a month or more, as well as designed to be delivered across a whole year. Session can be a regular time each week or delivered daily during periods of particular concern

Led by our specialist street based youth workers interventions can be to the needs of a community and specific areas, co-created with local businesses and residents as well as education and service providers.

AFTER THE SCHOOL DAY...

Motiv8 can also partner with schools to provide specialised 'After School Detached'. These dedicated sessions delivered alongside and immediately after the school day recognise that this can be a period in the day where rates of disruption and Anti social behaviours can be higher.

We also recognise that not every young person may have a positive place to go outside of school but also may also not feel completely comfortable inside the classroom environment. This focused street based youth work can help bridge this divide offering early and lasting help and assisting in preventing escalation by diverting to the support available locally

Motiv8 can work with a school to put in place a bespoke plan across the whole school year to raise awareness of positive community activity, begin conversations with young people about what is happening in their lives and engage with the community around a school to encourage improved local cohesion between businesses, young people, and education providers.



Youth Health and Wellbeing - TRAP

Age: 11+ | 6 YP | 12 weeks/term | Academic Year

Motiv8s Teenage Relationship Abuse Programme (TRAP) is an eight week programme that addresses young people's expectations of relationships and demonstrates the attributes of healthy relationships.

Groups are gender specific and for up to six young people with programmes tailored accordingly. Recognising the complexity in the lives of those living with adverse Childhood experiences a specific focus is placed on those at risk of permanent exclusion, with additional learning needs, or at risk of poor education outcomes.

Session focuses can include bullying, coercion and control, grooming, emotional wellbeing, maintaining healthy relationships, dating and connection as well as support linked to sexual health. These session will be led by expert Motiv8 Youth Workers and can be hosted at Motiv8 youth centres or within a school with session also out in the community

Each individual will leave with a personalised development plan, a continuing scheme of work linked to their learning, a greater ability to challenge negative behaviours and feelings as well as a clear portfolio charting their journey of change and positive difference they have made.

“ I feel way better, I can speak about my dreams. It's helped me with life choices. The weight I have felt from not having someone to talk to has been lifted. ”

EXPECTED OUTCOMES



IMPROVED AT HOME AND FAMILY RELATIONSHIPS



IMPROVED EMOTIONAL HEALTH AND WELLBEING



IMPROVED BEHAVIOUR AND ATTENDANCE IN EDUCATION



IMPROVED CONFIDENCE AND FEELINGS OF SELF ESTEEM

“ It has made me see things from a different perspective and what consequences might happen if I get into trouble. School has got better, I can manage my anger better and my behaviour in the community is better. It gave me an escape and a safe place for something to do. ”



Youth Health and Wellbeing - PAACES

Age: 11+ | 6 YP | 12 weeks/term | Academic Year

The PAACE (Positive and Adverse Childhood Experiences) Toolkit empowers young people with the knowledge that helps them to understand, better manage, and change their experience of living with trauma responses e.g. emotional dysregulation. It also helps participants identify practical strategies which will support them to thrive in their daily lives.

The Children and Young People PAACE Toolkit is an 8-week programme delivered by Motiv8 using a combination of creative activities and group working to develop young people's resilience.

PAACES gives them opportunity to experience the healing of relational support. It provides information and education that enables children and young people to develop the skills and resilience they need to cope with the adversity they experience and to manage strong and difficult emotions.

The PAACES programme is designed to be delivered face to face by an accredited trainer with session completed at a specialist Motiv8 youth space

“ Outcomes for parents attending the programme included increased knowledge and awareness of their own and their children's ACEs, and the impact on children, increased support networks, reduced isolation, improved self-esteem and wellbeing, increased resilience, increased confidence in parenting skills, and improved relationships with their children. ”

Outcomes reported for some children included being happier and more engaged with school.

Evaluation of the Rock Pool Adverse Childhood Experiences (ACEs) Recovery Toolkit Programme by Johns Moores University (2019)

Based on a methodology developed by Sue Penna, CEO of Rock Pool Life CIC the PAACE Toolkit is an innovative, evidence-based group intervention developed from trauma-informed practice.

The programme is proven to assist meaningful change in both adults and children and young people who have experienced childhood trauma:

- Addressing adverse childhood experiences
- Enhancing emotional resilience
- Improving long-term outcomes – reducing participants' reliance on overburdened statutory services

KEY LEARNING OUTCOMES

The course explores a wide range of topics essential for successful delivery of the PAACE Toolkit.

- The Impact of Adverse Childhood Experiences (ACEs)
- Protective factors: Positive childhood experiences that can shield against trauma and promote good mental health
- Trauma-informed approaches: Understand principles and practices to develop resilience using key protective factors
- Neuroscience insights: Gain knowledge of current trauma-related neuroscience research
- Vicarious trauma: Recognize its impact and learn mitigation strategies, including self-care techniques
- Trauma-informed group facilitation skills: How to lead groups using a trauma-sensitive approach using the exercises in the manual



Youth Skills

Motiv8' Youth skills provision is aspirational, adaptable, and accessible. Delivered on young people's 'doorstep' these sessions draw on insight from all walks of life and seek to create opportunities that will last a life time.

As well as the skills themselves our sessions provide numerous opportunities to develop crucial 'soft' and interpersonal skills. These build confidence in group settings and help young people make measurable progress towards their wider goals. Sessions encourage physical activity in young people. Something particularly important for those outside of education who often don't meet the recommended one hour of exercise a day. **All Skills programmes can be delivered in whole or half day's sessions.**

Diverse, often utilising partnerships in the community, and conscious of the traumas young people may have faced these creative learning opportunities are offered alongside but outside of traditional education settings! Sessions might include maintaining bikes, learning sports skills, engaging with the world around them, or focussing on developing green skills that can encourage sustainability. This allows those who may not have thrived in a traditional learning environment to be inspired on an alternative pathways.

Your Space

Age: 9+ | 6 YP | 12 weeks/term | Academic Year

Your Space is a personal development programme aimed at improving attendance and engagement in learning whilst improving educational outcomes. Delivered in all our areas young people are supported with project-based learning and are able to achieve a Lazer Learning Award Level 1 qualification (full year programme) linked to their talents and aimed at improving personal, social and learning skills.

Learners will choose units from an accredited Lazer Learning bank of qualifications aimed at their interests and areas they would like to develop. As well as engaging in the qualification, learners will take part in structured activities with a mentor and in small group sessions aimed to promote engagement and learning.



Blue Space

Age: 13+ | 6 YP | 12 weeks/term | Academic Year

The beach can be a refreshing place that makes you feel better the longer you're there boosting mood and improving mental health. This is because the beach is considered a blue space - a water source such as an ocean, lake, pond, or swimming pool. Exposure to blue spaces has been linked to overall improved health especially when you're feeling stressed and overwhelmed.

Our Blue space programmes allow young people to learn in and about nature providing countless opportunities for discovery, creativity and problem-solving. Interacting with natural environments allows young people to experiment with ideas and learn by doing. Young people will also be given an insight into future opportunities and careers, raising their awareness and aspirations.



Bike Space

Age: 13+ | 6 YP | 12 weeks/term | Academic Year

A full bike maintenance programme in our bike maintenance workshop learning skills from the M check to punctures, gears and brakes. Young people can restore donated bikes and give them to those in need or for themselves to support independent travel and active living. We incorporate bike and road safety into our sessions and can offer a laser learning accreditation for bike maintenance that can be delivered 1:1 or groups.

CASE STUDY: CHANGING GEARS!

This bike has been recycled by C aged 18. Before getting involved at the Bike Hub, he had been unable to attend education for over 4 years and was at high risk of serious crime. C has learnt to maintain and recycle bikes and grown in confidence so much that this year he has begun a technical course at a local College.



Green Space

Age: 9+ | 6 YP | 12 weeks/term | Academic Year

An exciting Outdoor Learning programme for children and young people Green Space participants will gain an understanding of the importance of being active and how this and being outdoors supports with emotional health and wellbeing.

When feeling stressed and overwhelmed our Green space programmes allow young people to learn in nature. This can increase motivation and engagement and add value to learning in all areas of life. Learning in nature encourages creativity and problem-solving, experimenting with ideas and learn by doing. Young people will participate in tailored positive activities and gain an insight into future opportunities and careers linked to this activity raising aspirations.





Youth Futures - Aspire and Achieve

Age: 14+ | 6 YP | 12 weeks/term | Academic Year

The Aspire and Achieve programme gives young people a safe place to receive support around emotional wellbeing, personal development and support to find training and development opportunities. We use the ethos and tools of the Windmills, I-Can programme. An aspirational programme of resources enabling young people to create a meaningful vision of their futures, connect with others and contribute to making it real, through a series of creative and engaging activities.



The young people attending can also receive one to one support during the session. We will support the young people to access other Motiv8 provision such as our bike maintenance, social action and healthy living hubs and city wide positive activities. A 12 week programme consisting of wellbeing and personal development based activities supporting young people to connect, create and contribute. The programme will include visits from other providers, offsite visits to local business and employers and signposting to relevant agencies, positive activities and opportunities.

“ I just want to mention how much we massively appreciate all the staff and how much they put into each session; it is very apparent how much they care for the emotional wellbeing of all the children ”

Motiv8 have also offered young people valuable work experience placements or volunteering opportunities. Building on Youth Skills we know it's important to not just learn but apply what is gained in the context of young people lives. 24 older young people, 14+ y/o, previously engaged in other strands have progressed into Futures support helping them prepare for training and the world of work. Aspire and achieve can be delivered for young people for are NEEET or those on adjusted timetables or at risk of exclusion.

Case Study: Out Of The Workshop, In To The Factory

Motiv8 understand that young people can face multiple barriers to positive change, many of which might be beyond their control. This can leave them feeling stuck. After starting to accept help, it is important to be given a safe space to try new things and the time to find what works with a person they trust. This is at the heart of Youth Futures. Harnessing skills strengths as they go on to set meaningful achievable goals.



Unlocking the best of the Youth Future programme Discovery Day sessions show what is possible. As a key part of our ambitious but achievable alternative education pathways, these days always include face-to-face time with senior

colleagues and practical managers but also those on training pathways themselves who share their lived experiences humanising next steps.

In February 2025, Motiv8 took a group of young people on Youth Skills and Youth Futures programmes, including our Bike Maintenance Workshops from across Motiv8 to visit local engineering firm Harwin.

Specialising in reliable and high-performance technologies for demanding interconnection applications young people toured the factory and got a behind-the-scenes look at the manufacturing process for high-reliability electronic connectors.

Observing the automated parts of the supply chain young people also visited the Harwin Academy, receiving an overview of the training their apprentices undergo and guidance on about the transition from school to a training environment and the world of work in the words of current trainees.

Following this a number secured work experience and will return again for summer placements further cementing the youth futures. Motiv8 has also strengthened its links with the Harwin Academy to encourage greater opportunities for young people and apprentices to support each other.



Youth Skills - LEGO® SERIOUS PLAY



LEGO® SERIOUS PLAY harnesses imagination for problem-solving. Participants actively participate using Lego bricks to create metaphors and models to unlock their creativity. This hands-on approach enables a deeper exploration of complex concerns when emotional literacy and verbal communication might not be as strong. Importantly Lego is accessible to all and Motiv8 recognises the power of LEGO® SERIOUS PLAY as a collaborative tool that builds personalised results with everyone can contribute to the discussion, the decisions, and the outcome.

A first for Youth Work we can bring our 'Serious Play Construction Sites' to your teams or schools allowing for a facilitated problem-solving session tailored to your needs. Each participant builds their own 3D LEGO models in response to the facilitator's questions using specially selected LEGO elements. These models serve as a basis for further discussion, sharing, and next steps decision making.

A technique which improves problem solving by utilizing visual, auditory and kinaesthetic skills participants learn and listen, able to share beyond just their voice. Motiv8 can facilitate sessions bringing this to your teams unlock potential in all.



The LEGO® SERIOUS PLAY methodology offers a shared language regardless of culture or position. A technique initially pioneered for the private sector Motiv8's non traditional adaptable approach improves participation, offer more in depth insights in to emotional wellbeing, develop trust efficiently and ultimately, offer a faster route to positive next steps that all can share in.

SHARING POWER THROUGH LEGO SERIOUS PLAY

We believe young people are the experts on young people. We share power with young people wherever possible and understand our responsibility to empower them to inform our work and the work of others.

The LEGO elements work as a catalyst – and when used for building metaphors trigger a processes that participants were probably previously unaware of. Workshop participants leave with skills to communicate more effectively, engage their imagination more readily, and develop increased confidence and insight in to overcoming barriers letting young people who have found it difficult to talk in the past open up”

“ I can't describe the difference in just one word. I used Lego Serious Play with young people who had struggled to open up to me in the first six months of working together. Then in that first Lego session they started to share right away. It's an amazing tool! ”



Motiv8 has partnered with leading local facilitator Ideas Alchemy, to enhance our training and delivery. Ideas Alchemy combine recognised tools and creative techniques to team development. By embracing playful learning methods such as LEGO® Serious Play they unlock creativity and innovation. Their approach is designed to harvest the best ideas and unlock potential in any setting.

Together we are rethinking youth work in a modern setting, helping those most at risk (and those that help them) to continue to access flexible help when conventional methods have had limited success.

Community Support



COMMUNITY SPACES

Motiv8s community centres are at the heart of the communities we are a part of. We are actively investing in these spaces to create havens where investment rates have been low. Part of our commitment to energising safer more connected communities these spaces are open and welcoming to all who share our values of accessibility, inclusivity, and that every person deserve a chance to achieve their brightest future.

Motiv8 welcomes guests to host group meetings, community consultations, activity days, or mentoring sessions. Hubs come with full appointed kitchens, large meeting and activity spaces, mentoring and small group rooms, wellbeing and sensory areas and AV. Spaces can be adapted to your needs and light refreshments can be provided.

Day rates start at £15p/h with longer term and bespoke arrangements available on request.



Motiv8 Portsmouth
Unit 2 and 3 Cumberland Gate,
Cumberland Road
Portsmouth, PO5 1AG
023 9283 2727
Portsmouth@motiv8south.org.uk



Motiv8 Havant
The Hub, Leigh Park
Havant, PO9 5AA
023 9247 0484
Havant@motiv8south.org.uk



Motiv8 Gosport
Unit 29 Toronto Place
Gosport PO12 4UZ
023 9252 5026
Gosport@motiv8south.org.uk



Motiv8 Fareham
Broadlaw Community Centre
Lion Place, Bishopsfield Rd,
Fareham PO14 1FE
023 9320 0258
Fareham@motiv8south.org.uk





life chances for young people

Registered Charity Number: 1069085

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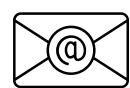
023 9283 2727



motiv8.org.uk



Motiv8 South



info@motiv8south.org.uk

fundraising@motiv8south.org.uk